

SUNRISE LEARNING

10 GLORIOUS YEARS

EMPOWERING LIVES SINCE 2014



ANNUAL MAGAZINE 2025

WWW.SUNRISELEARNING.IN

Previous Year's Magazines

SUNRISE LEARNING
 CENTER FOR AUTISM & SPECIAL NEEDS
 (A UNIT OF SUNRISE LEARNING FOUNDATION)
ANNUAL MAGAZINE 2019-20



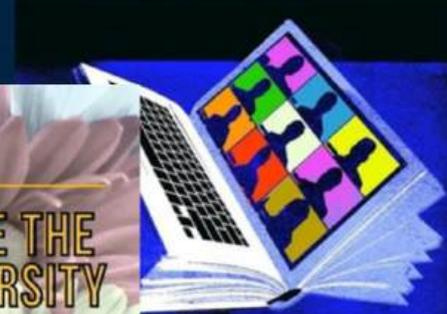
NO LABEL can STOP the PL

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SUNRISE LEARNING FOUNDATION
ANNUAL MAGAZINE 2021
 FROM ADVERSITY COMES OPPORTUNITY

A non-profit organization dedicated towards providing employment, education, and empowerment to persons with special needs. It is registered under the Indian Trusts Act, 1882 and u/s 80G and 12A of The Income Tax Act, 1961, NITI AYOĞ DARPAN and FCRA.



STRENGTH AND RESILIENCE

www.sunriselearning.in
foundation@sunriselearning.in

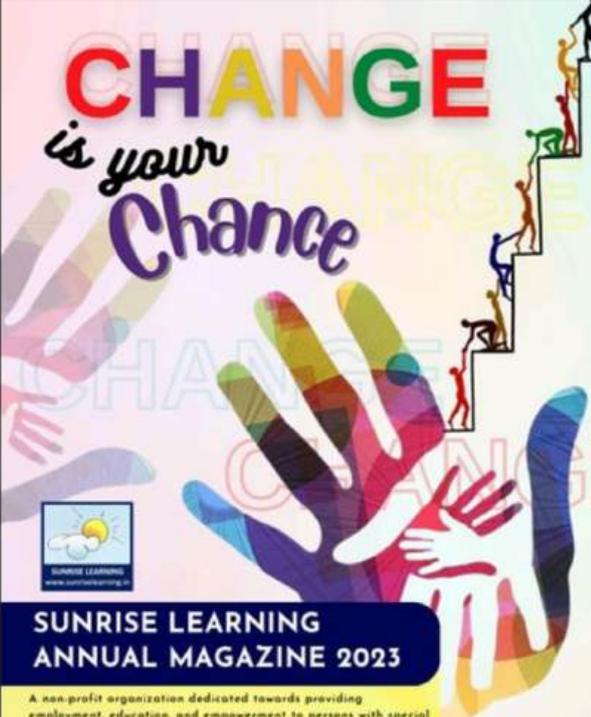
EXPLORE THE COLORS OF DIVERSITY



SUNRISE LEARNING
ANNUAL MAGAZINE 2022

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CHANGE is your Chance



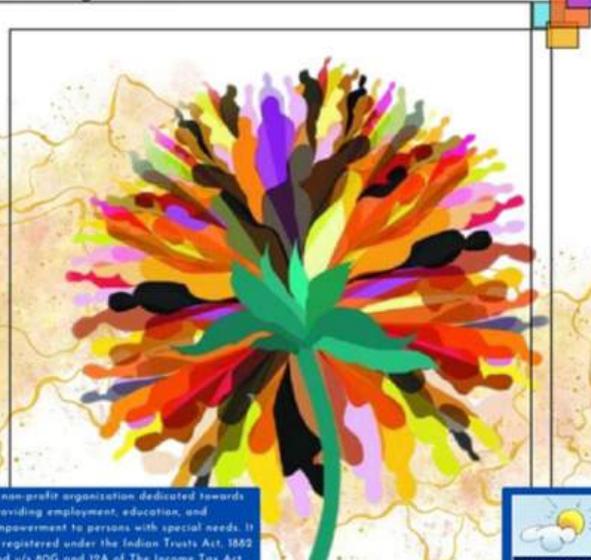
SUNRISE LEARNING
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2022-23 OVERVIEW
www.sunriselearning.in E: foundation@sunriselearning.in E: contactus@sunriselearning.in

Together we can!

Sunrise Learning
 Annual Magazine 2024



A non-profit organization dedicated towards providing employment, education, and empowerment to persons with special needs. It is registered under the Indian Trusts Act, 1882 and u/s 80G and 12A of The Income Tax Act, 1961, NITI AYOĞ DARPAN, CSR and FCRA.



10 Glorious Years



**SUNRISE LEARNING
SPECIAL SCHOOL NOIDA**

From the founder's Heart

I founded Sunrise Learning Foundation because I know the pain of rejection — I've lived it. My son was denied admission in 17 schools. Sometimes he was “not accepted”, sometimes he “couldn't adjust.” I realized how deeply families like ours need a safe space — a place where children with special needs are embraced for who they are, with all their unique strengths and challenges.

In a neurotypical person's life, there are usually four clear stages of growth:

- Play School – where learning begins in a safe, joyful way.
- School – where academics, friendships, and activities shape the child.
- College/Vocational Training – where professional skills are acquired.
- Employment – where those skills turn into real work, independence, and dignity.



At Sunrise Learning, we have woven these four stages into a single, seamless journey — so that no family has to go from pillar to post:

- Early Intervention – like a play school, giving the safest first step into learning.
- Special School – everything a school can provide, plus unconditional acceptance.
- Vocational Training Centre – like a college, building professional and life skills.
- Livelihood Readiness Centre – our next big step — creating real work opportunities, income pathways, and confidence to step into society as contributing adults.

This is my vision — a complete, lifelong support system where no family has to go from one place to another for the next stage of their child's journey. A place where every learner, regardless of their challenges, has the chance to not just survive, but to thrive, shine, and live a life of confidence, contribution, and joy.

– Dr. Sonali Kataria, Founder & Mother

Dr Sonali Kataria

- MBBS, MD (AIIMS), DNB, MNAMS
- Board Certified Autism Specialist (IBCCES)
- Fellow in Pediatrics
- Visiting Faculty (Dept of Neuroscience, University of Melbourne, AUS)
- Son-Rise Program (Autism Treatment Center of America, Massachusetts, USA)
- Post Graduate Diploma in Education Administration (Symbiosis)
- Teachers Training in Special Education for Autism (ATI)
- Founder Trustee, Sunrise Learning Foundation



Our Mission – From the Founder’s Desk

At Sunrise Learning, we do not focus on what is “missing”. We see every child and adult with neurodevelopmental differences as a whole human being — deserving laughter, play, friendships, skills, and dreams. We nurture holistic growth through academics, sports, arts, music, vocational skills, and real-world experiences.



Our mission is to ensure that no family ever feels left out, dejected, lost, or unsupported. Every person with special needs should have the chance to reach their best potential. Through our outreach platform, we aim to reach even the remotest corners of India, carrying a message of hope — that life and joy exist beyond a diagnosis.

We are a small non-profit, doing our very best by every means possible with the limited resources we have today. But our vision is to grow in abundance and partners — by building strong partnerships with parents, CSR supporters, and like-minded organizations — so we can extend greater support to more and more divyang across the country.

At the heart of our work is our model of Strengths + Interests + Learning Style = Individualized Educational Plan. Every student or trainee is guided toward doing what they enjoy and what they can do best. One may bake cookies, another — with good fine motor skills but less danger awareness — may pack and label them. A tech-savvy trainee can add them to the inventory, while a communicator sells them to visitors. A learner with strong writing skills collects customer feedback, and another with number skills handles accounts, makes shopping lists for raw materials, tracks profit and loss, and issues receipts. Each role matters. Each person contributes. And together, they create something real and valuable.

This is our mission — to ensure that every specially-abled human being finds their place, uses their strengths, and reaches their highest potential, while building a life filled with dignity, contribution, and joy.

– Dr. Sonali Kataria, on behalf of the entire team of Sunrise Learning



EMPOWERING SPECIAL LIVES TOWARDS INDEPENDENCE & DIGNITY SINCE 2014



ABOUT SUNRISE LEARNING FOUNDATION

Sunrise Learning Foundation is a not-for-profit Non-Government Organization, registered under the Indian Trusts Act, 1882. The NGO is dedicated to providing empowerment, inclusion, employment, education, and support services for children and young adults, with autism and other special needs, and their families (at an all-India level). It is also registered under sections 80G and 12A of Income Tax Act, 1961, Niti Aayog DARPAN, CSR-1, MSME, FCRA.
Head Office: CGH-021, DLF CAPITAL GREENS, 15, SHIVAJI MARG NEW DELHI-110015.



ABOUT THE FOUNDERS

It was founded by doctor parents of a child with autism.
Dr. Sonali Kataria, Dr. Ajay Sirohi, Dr VP Kataria are running this FOUNDATION, to ensure that persons with special needs get the opportunities to grow, progress, become independent, and feel accepted and included. Their mission to lead these differently-abled people towards dignity and independence and are supported by many eminent professionals from the fields of medicine, education, business and corporates as board members

From the desk of Director, SUNRISE LEARNING FOUNDATION

This year is a milestone that has immense immense significance!! SUNRISE LEARNING completes 10 years of creating spaces where every child is encouraged to live, learn, and grow through wholesome, experiential living.

Each day, I am filled with admiration for the way our students embrace the world around them and for the resilience of the parents who walk this path with us—their struggles often unsung yet forming the strongest foundation of our shared mission.

AND WE ARE FUELLED WITH THE COURAGE TO DREAM AN AUDACIOUS DREAM - to dream of a tomorrow that creates a happy, fulfilling and wholesome life for the families we represent!!

The past decade has been one of growth and deep learning. We are proud to see our faculty and students add more achievements to our ever-growing list! Opportunities of learning that showed us a new facet of their abilities! Our donor partners matched their enthusiasm by strengthening our Scholarship Program to double in its reach, ensuring that more children receive the support they so deserve.

We are also humbled by the trust placed in us by over 20 companies through their CSR initiatives, enabling us to broaden our impact and create more meaningful opportunities for our learners.



**From the desk of Director,
SUNRISE LEARNING FOUNDATION**

With time, SUNRISE LEARNING has evolved into more than just a school—it is now an organization whose programs have shown success and are shaping a larger vision. India is home to nearly 20 million individuals on the autism spectrum, and we believe it is our responsibility to contribute towards creating a sustainable template for autism support and management. Our aspiration is to move beyond individual programs and towards a lifespan approach—providing solutions and support at every stage of life- which we have tried to so and our learners have given us the proof of success!

As we reflect on the journey of the past 10 years, what fuels us most are two emotions: gratitude and aspiration. Gratitude—for the faith of our parents, the dedication of our team, and the steadfast support of our partners. Aspiration—for the possibilities that lie ahead, and for the inclusive, supportive world we envision for every child and family.

Today, we step into this new phase with a renewed sense of confidence. Together—with our students, parent community and partners—we look forward to not just continuing this journey, but expanding it, so that every child and family touched by autism finds in us a partner for life. And as we renew our commitment to this vision — we are filled with strength of our resolve to make a life of self-reliance, respect, dignity, possible for our amazing learners.

Charu Singh
Director,
Sunrise Learning Foundation Board



LIFESPAN SUPPORT FOR NEURODIVERSE LEARNERS

At Sunrise Learning, our core strength lies in providing holistic, lifespan-based support for individuals with autism and other developmental challenges. Unlike conventional approaches that compartmentalize services across different stages and institutions, we offer a seamless continuum of care and education — all under one roof.

What a neurotypical individual typically receives through four distinct systems across their life — preschool, school, college, and professional training — the neurodiverse learners at Sunrise Learning experiences in an integrated, personalized journey that adapts to their pace, needs, and potential.

Our Lifespan Model:

- Early Intervention (Ages 2–6): Equivalent to preschool, focusing on foundational skills, communication, and sensory regulation.
- Special Schooling (Ages 4–10 and Ages 8–16): Targeted learning for early learners, and for pre-vocational programs - developmental progress through structured programs and individual educational plans, with emphasis on life skills, functional academics, and open schooling to build grade-level competencies for holistic development.
- Vocational Skill Training (Ages 14–18): Equivalent to college-level learning, this phase offers exposure to real-life skills in hospitality, retail, IT, arts & crafts, and other areas based on individual interests and strengths.
- Employment & Livelihood Readiness (18+): Tailored pathways for job readiness, micro-enterprise creation, and supported employment — equivalent to professional certification or actual employment in the neurotypical world.

We do not follow a deficit-based model. Instead, our approach celebrates neurodiversity, fosters strengths, builds dignity, and promotes functional independence.

Our belief is simple yet powerful: Development should not be fragmented. A break or gap in the support system can lead to regression. That's why our integrated model ensures continuity, predictability, and a sense of belonging throughout a learner's journey — from early childhood to adulthood.

We proudly present our annual magazine with a sense of accomplishment and gratitude. This magazine is a culmination of hard work, dedication, and teamwork from our entire team.

**10
PASSIONATE
YEARS**

In this session (2024-25) we have achieved numerous milestones, and we're thrilled to share some of these stories with you. From some new ventures to various extracurricular achievements of our students, our magazine showcases the diverse talents and successes of our Students & Team.

This Magazine Showcases

- Student's achievements
- Heartwarming testimonials of Parents
- Updates on our latest initiatives and projects
- Parent Empowerment
- Awareness Events

We would like to extend our sincere appreciation to our support partners, parents & Team (Faculty & Staff).

Without them this year wouldn't have been as successful as it is now.

Special thanks to our design team for their creativity and expertise & Our advisors and mentors for their guidance and support.

As we reflect on the past year, we're reminded of the power of contribution, perseverance, and passion. This magazine is a testament to the incredible work being done by Sunrise Learning & Sunrise Learning Foundation and we're honored to share it with you.

We look forward to another amazing year!

**Best regards,
Ruchi Mishra Pandey
Editor
SL ANNUAL MAGAZINE**



MEET THE TEAM

SUNRISE LEARNING



DR SONALI KATARIA

Founder Head, in her own words "I am passionate about creating better and more inclusive social environments for children and adults on the autism spectrum. My greatest strength is my positive energy, that comes from a daily practice of gratitude & meeting the children. I am grateful for every moment, every breath, and every challenge that life has given me, as an opportunity to learn & grow, and become a better version of myself. I want to continue working to make this world a better place, in any way possible, till my last breath".



MS CHARU SINGH

SLF DIRECTOR since 2020. She is driven by her commitment to create avenues of support for the foundation's philanthropic initiatives and towards creating and building capacity that can increase the outreach and impact to support the diverse minds and their supportive, indefatigable parents.



MS MONIKA MISRA

Special Educator of Outreach programs, she is with Sunrise Learning since July 2015 is one of our senior-most teaching faculty. She is passionate about teaching and learning new concepts



MS ANKITA SRIVASTAV

Skill Trainer since November 2015. In her own words " It's satisfying to see children progress both academically and in co-curricular dimensions to become well-rounded people and future citizens"

MEET THE TEAM

SUNRISE LEARNING



DR FEROUZ KHAN OT:
Occupational Therapist since 2015. He is passionate about fitness and working with special needs students.



MS. RUCHI MISHRA PANDEY:
Coordinator since April 2016. She truly believes in the mandate of Sunrise Learning of empowering special parents & special needs adults and passionate about making a difference in some one's life through her work. Her mantra is "Believe in yourself".



MS SONIA KUMAR : Manager for fee portal & Vocational Empowerment Initiatives since September 2016. Passionate about learning new skills, cycling & trekking, she is the force behind establishing the Creative Production unit at Sunrise Learning.



MS VANDANA GAUTAM : Got associated with Sunrise Learning as a volunteer in August 2018 for AVAZ trainings. Currently she is an ICT Educator, AVAZ Therapist & NIOS Programs in-charge. She is passionate about anything that interests our students & brings change and support in the special need community.



MS AASHITA CHADDHA:
Joined in 2020 as a HR Coordinator. She is passionate about Teaching.

MEET THE TEAM SUNRISE LEARNING



MS SRILALITA

Joined in 2019 as a Speech & Language Therapist, Psychologist, Audiologist & Oral Placement Therapist. She is passionate about her work related to speech and language therapy



MS ROHINI SINHA:

An art enthusiast, associated with SUNRISE LEARNING since July 2019. She manages Accounts and supports teaching teams for event management, loves to do her work on time & keep a smiling face in front of her students



MS RITU SAINI :

Special mother, Senior Special Educator & Early Intervention Therapist in Sunrise Learning since February 2020. She is passionate about writing poetry, dressing & nurturing happiness among children.



MS MADHU SIKRIWAL:

Joined in January 2020. She is the Academic In-charge & is passionate about Teaching new skills to her students as well as the team.



MR RISHABH MEHRA:

Special Educator since August 2021. He is passionate about working with his students to achieve their learning outcomes.



MS SUNAINA TANGRI:

Chief Administrator since September 2022. In her own words "I love to be amidst children, and I am happy to receive their true innocent love".



MS SEEMA BANATHIA:

Special mom and Certified Shadow teacher. Joined as a faculty at Sunrise Learning in August 2022. She is passionate about learning new things & is always ready to take up a new task.

MEET THE TEAM

SUNRISE LEARNING



MS SHIKHA MISHRA:
Data Manager since April 2022. In her own words "I am passionate about my work, I love what I do, I am always ready to learn new skills which helps me to do better, every day. I want to make my day a meaningful one."



MR SUSHIL KUMAR GUPTA :
Sports Trainer since July 2022. He is passionate about Sports activities.



MS SULEKHA DASS :
Academics Educator since November 2021. She is passionate about Music & Teaching.



MR ANKIT SINGH :
Sports Teacher since August 2022. He is passionate about all the sports, specially cricket.



MS MANSHI:
Special Educator HI (Speech & Language) since February 2023. In her own words "I can do anything to make children smile".



MS MEEKA GANJOO:
Special mother and Computer Educator, worked as a parent volunteer for several months and then joined as a faculty in February 2023. Her passion is teaching computers to special needs students.



DR AASTHA:
Occupational Therapist. She joined in Aug 2023. In her own words "I am passionate about learning new things and working hard each day and I also love to cook and bake".



Ms NIDHI YADAV:
Special Educator (Visual Perception Skills) since February 2023. Her passion is to work with children for their visual strengths.

MEET THE TEAM

SUNRISE LEARNING



MS SHUBHA PRASAD: Joined as a Volunteer, in September 2023, and as a faculty, a Skill Trainer for CREATIVE PRODUCTION, in April 2024. She loves travelling.



MS AKANSHA PANWAR: Educator since 11th September 2023. She loves to spend time with her students



MR PANKAJ GOSWAMI: Joined Sunrise Learning as a Special Educator from 17th September 2024.



MS SAKSHI ARORA: A Parent educator, certified Shadow Teacher, joined as a faculty in October 2023. She likes to accept the challenges and learn new things



MS GUNJA KUMARI: Joined as a Special Educator in October 2024. Her passion is to work with special students.



MS TANU MATHUR: Joined from April 2024. She is passionate about working with her students and making them independent



MS VIBHAVARI VATS: Joined as a Psychologist in December 2024. She is passionate about learning new things, doing creative work and constantly pushing herself to explore new ideas, skills, and perspectives.



MR SIDDHARTHA YADAV: Joined in February 2024 as a Special Educator for Speech & Language. He likes to learn new things and is passionate about fitness

MEET THE TEAM

SUNRISE LEARNING

MR RAKESH SHARMA:

Joined as a Special Educator in September 2024. He loves working with special needs students.



MS PRIYANKA TIWARI:

Joined as an Educator in January 2025. Her hobby is Art & Craft



MS NEONICA CHUTANI:

A Psychologist, joined as a faculty in October 2024. She loves exploring & meeting people.



MS MINAKSHI SINGH:

Joined as a Special Educator from 13th January 2025. Her passion is teaching children with special needs and painting



MR ANAND GUPTA:

Joined as an Assistant Faculty Educator in November 2024. He loves Travelling.



MR SHUBHAM NAGAR:

Joined as a Special Educator in March 2025. He loves to indulge himself in creativity, innovation & humanitarian work.



MS RISHU AGNIHOTRI:

Joined as an Assistant Faculty Educator in December 2024. She likes to do yoga and sports activities.



SUNRISE LEARNING FOUNDATION BOARD

CHARU SINGH – DIRECTOR, SLF

ADVISORY COMMITTEE -

1. DR MAHINDRA SINGH – SENIOR CONSULTANT PAIN & PERIOPERATIVE MEDICINE
2. RAVI RAJ - SALES & MARKETING PROFESSIONAL, NATIONAL HEAD - GROUP BUSINESS
3. DR. PREETI AGARWAL – SENIOR CONSULTANT, GYNAECOLOGY & OBSTETRICS
4. JAI RAJ - MANAGING DIRECTOR AT PARTH EDVISORS
5. DR PRIYANKA MEHTA – DIRECTOR PRINCIPAL SARVOTTAM INTERNATIONAL SCHOOL
6. DR MANISH KOHLI - CONSULTANT SPECIALIST ANAESTHESIOLOGIST
7. ROHIT SAXENA – SERVICES MANAGER, FIRST ABU DHABI BANK (FAB)
8. PRIYANKA CHIKARA – EDUCATOR & TEACHER MENTOR
9. DR ANITA MAHAJAN - DIRECTOR PROFESSOR, ANATOMY, MAULANA AZAD MEDICAL COLLEGE, NEW DELHI
10. SHALINI MATHUR – SENIOR EDUCATIONAL CONSULTANT
11. DR SHRUTI SINGH – PROFESSOR, DEPT OF PHARMACOLOGY, AIIMS
12. NUPUR RASTOGI – SENIOR HR CONSULTANT, DIRECTOR AABHAR AURA LIFE SKILLS (LLP)
13. ROOPALI – PROJECT HEAD AT DERBY GROUP OF COMPANIES, DUBAI

SCHOLARSHIP COMMITTEE -

1. CHARU SINGH – DIRECTOR SLF, ENTREPRENEUR
2. SUNAINA TANGRI – PSYCHOLOGIST, CO-FOUNDER SOUL
3. SONIA KUMAR – MERCHANDISER AND INTERIORS CONSULTANT

FUNDRAISING COMMITTEE -

1. DR RAKESH KUMAR ARAN – SENIOR CONSULTANT PHYSICIAN
2. SITA RAM AGARWAL - RETD CHIEF ENGINEER LEVEL I, UPPCL
3. DR ROHINI GARGH - DOCTOR, GENERAL PRACTITIONER UK
4. VANDANA SHARMA – SENIOR MARKETING MANAGER
5. SHALABH ARAN – ARCHITECT DIRECTOR
6. ABHISHEK SAHU – CEO INTERACTIVE BLURB, SCHOOL MANAGEMENT SOFTWARE

PR & NETWORKING COMMITTEE –

- SRILA MITRA – SENIOR ARCHITECT
DR MANISHA LAKHANPAL – SENIOR DENTAL CONSULTANT, ITS
DR SHRUTI AGARWAL – SENIOR PHARMACO-IMMUNOLOGIST, USA
DR GARIMA AGARWAL – ENT SURGEON, USA
DR DIVYA AGARWAL – SENIOR OPHTHALMOLOGIST, USA
DR ARCHANA AHUJA MALIK - SENIOR PHYSICIAN, USA

SUNRISE LEARNING TEAM

TEAM OF CONSULTANTS & DOCTORS



Dr. Ajay Sirohi

(Intensivist,
Senior Anesthesiology consultant,
Sir Ganga Ram Hospital, New Delhi)



Dr. Sonali Kataria

(Autism Specialist &
Fellow in Pediatrics)



Dr Hema Rattnani

(Developmental Pediatrician)



Dr Sonia Sharma

(Homeopathic Consultant)



Ms Sanskriti Singh

(Clinical Psychologist)



Dr Inchie Lonial PT

(Neurodevelopmental
Therapist)



Dr Shruti Singh

(Pharmacologist & Early
Intervention Consultant)



Dt Richa Shrivastav

(Autism Aware Nutritionist &
Consultant Dietician)

SUNRISE LEARNING TEAM

ADMINISTRATION TEAM

MR PANKAJ DUBEY (STAFF SUPERVISOR)

MS URMILA (Receptionist)

SUPPORT TEACHING TEAM

MS REKHA GOSWAMI

MS ISHRAWATI

MR GAURAV

MS REKHA KUMAR

MR ASHISH

MR ANKIT AGNIHOTRI

MR ANOOP

MR RANJEET

MS REKHA KUMAR

MR SHIVA

CAREGIVERS TEAM

MS RANI KHATOON

MS GOMTI DEVI

MS ANU

MS SUNITA

MS LAKSHMI

MS MUSKAAN

MS YASMEEN

MS NISHA

MS KIRAN GUPTA

MS ANJU

MS SONI DEVI

MS VARSHA

MS SHABNAM (SEEMA)

MS SONIYA DEVI

MS PRIYANKA YADAV

MS SABITA

MS ANU

MS SUNITA

HOUSEKEEPING TEAM

MR DHARMENDAR

MR RAHUL

MR KALICHARAN

MR MUNISH

TRANSPORT TEAM

MR SUNIL KUMAR

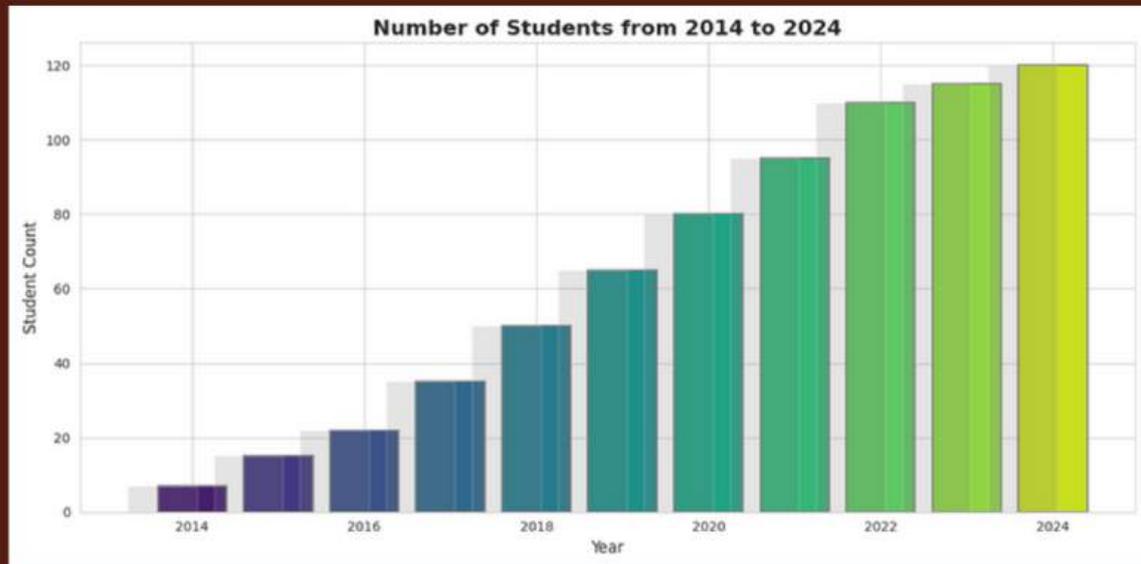
MR VIPIN

JOURNEY OF 10 YEARS



These 10 years are a mark of the trust & faith that parents invested in this special school, and the never-give-up attitude of the learners. The 10 beautiful years are witness to the compassionate loving efforts of the Team Sunrise Learning, who rise above their personal lives every day to empower & uplift special human beings.

JOURNEY OF 10 YEARS



With the support of Sunrise Learning Foundation Members, Parents & Support partners we are completing 11 years soon. It's amazing to look back & be grateful for "how long we have come"

JOURNEY OF 10 YEARS

2014 • Pre-school in Sector 122, NOIDA

2015 • Pre-school & Early Learning Center
• 1st Sports Meet for Specially-abled students in Delhi-NCR
• 1st Autism Awareness Noida Summit

2016 • Started Sports Academy in a new center in sect 122
• 1st Parents Empowerment Program for 8 parents

2017 • Started Pre-vocational Program

2018 • Shifted to current building in sector 116 (it was 3 storey then)
• Launched Vocational Training Program
• SL SHOPPE was inaugurated, Jewelery line USHA & Candle line ORIANA were announced, created by students &
• Computer Lab was established

2019 • Outreach Program was initiated
• Peppy Saturdays was started
• SL Cafe was launched
• First Roller Skating Competition "Noida Wheelers" started

2020 • Started Virtual school for students
• Outreach Programs reached 3000+ families in remitest of places of India & even abroad
• CampusKidz Application was incorporated as ERP

JOURNEY OF 10 YEARS

2021

- Online school, trainings continued till July 2021, after that Physical school started.
- Early Intervention Program was started
- Received Best Special School Award in Delhi NCR

2022

- The 3 floor building was converted to a 5-floor building
- 8th Biggest Annual Special Sports Meet of Delhi-NCR
- Online training programs shifted to Edmingle
- Employment Readiness Training (ERT) Program was started
- SL Shoppe & Canteen were created in frontyard

2023

- Received Best Special School in UP, 2nd time
- Skill Learning Program was started (SLP)

2024

- A school with 120 students
- A school with 80 Adults including Faculty & Staff
- Outdoor Cafe was created
- Received Best Special School in UP award for the 3rd time
- Better classroom structure
- Online training programs shifted to Graphy online portal

JOURNEY OF 10 YEARS



Then (2014)



Now (2025)

Sunrise Learning began in 2014 as a modest initiative sparked by the determination of Dr. Sonali Kataria, a mother and medical professional, who faced firsthand - the challenges of raising her son Poorab, diagnosed with autism. After being turned away by 17 schools, Dr. Kataria realized that if she couldn't find a solution for her child, she would have to build one herself. What started as a small early learning center in just two rooms has now grown into a five-floor special school in Noida, supporting over 150 students and reaching more than 3,000 families across India through outreach programs.

LIVELIHOOD CENTER



Our philosophy is rooted in celebrating neurodiversity, not treating it as a deficit. The goal is to empower each student to live with independence and dignity.

Sunrise Learning Foundation offers:

- 🧠 Early Intervention for children as young as 2 years
- 📚 Special Schooling with individualized education plans
- 🔧 Vocational Training in areas like hospitality, IT, and arts
- 👛 Employment Readiness for adults with neurodiverse needs
- 🎨 Creative Units like Sunrise Learning Café and Shoppe
- 🏆 Special Sports Training to build confidence and skills

JOURNEY OF 10 YEARS



From Seed to Spectrum Support

This incredible journey started from a very small center with 2 Special Students & 8 Neurotypical Students @Pre-School Sunrise Learning.

10 years of Sunrise Learning at a Glance

- 500+ students joined the Noida Special School since inception
- 120 students currently enrolled on-site
- 100+ online learners accessing support remotely
- 3,000+ families touched globally through outreach and services
- 22 Parent Empowerment Programs conducted, uplifting 150+ mothers
- 771 active participants on your online training portal

This isn't just growth—it's transformation. We have built a bridge between neurodiverse learners and inclusive education, while also empowering families and caregivers to become advocates and educators themselves.



JOURNEY OF 10 YEARS

TEAM - PILLAR OF SUPPORT



The Sunrise Learning Team, including all faculty members and staff—past and present—has been a true pillar of strength over these 10 incredible years. Each one of them have played a vital role in shaping the journey of this school. Even if some have moved on to new paths, their contributions will always be remembered and deeply cherished. They will forever remain an important part of the Sunrise Learning family.



In the challenging year Covid 19 Lockdown, 2021, we faced an irreplaceable loss—our beloved Sports Teacher, Mr. Amit Kumar Ray. A true gem of Sunrise Learning, his dedication, passion for sports, and love for the children left a mark that can never be forgotten. His contribution to the school is unmatched. He not only taught sports, but inspired discipline, teamwork, and resilience in every student he worked with. To honor his legacy and keep his memory alive, we have instituted the "Amit Kumar Trophy", awarded each year to the winning Sports Coach in Athletics sports during our Annual Sports Meet.



JOURNEY OF 10 YEARS

TEAM - PILLAR OF STRENGTH



During the challenging lockdown period of 2020–2021, when many special schools across the country were forced to shut down due to severe financial difficulties and a complete halt in admissions, Sunrise Learning stood strong —thanks to the unwavering commitment of it's team.

In a time when there was no steady income and the future seemed uncertain, our dedicated faculty and staff continued to support the students & parents selflessly. They worked on reduced salaries, fully understanding the financial crunch the institution was facing.

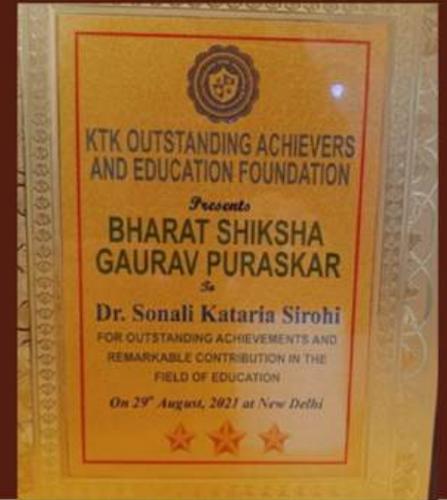
Their resilience, empathy, and shared belief in the mission of Sunrise Learning became our greatest strength.

It was this spirit of unity and sacrifice that helped keep the learning of the students alive and thriving—even in the darkest of times.



AWARDS

Accolades & recognition received by
Sunrise Learning Foundation in last 10 years



International School Award, 2019, ISA, Dubai

Best Special School Award, 2021, NSA, Delhi

Bharat Shiksha Gaurav 2021, KTK Foundation, Delhi

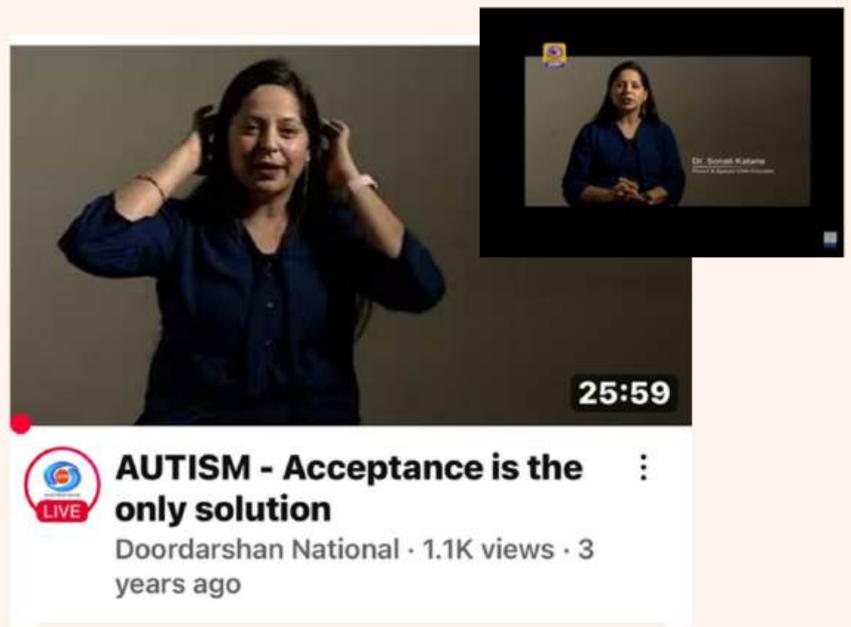


Best Educationalist Award, 2022, KTK Foundation, Delhi

Best Special School Award 2023, NSA, Delhi

Best Special School Award 2024, NSA, Delhi

Dr Sonali's talk in DD NATIONAL DOCUMENTARY about Autism Awareness
<https://youtu.be/UDnOXiuHIEs>



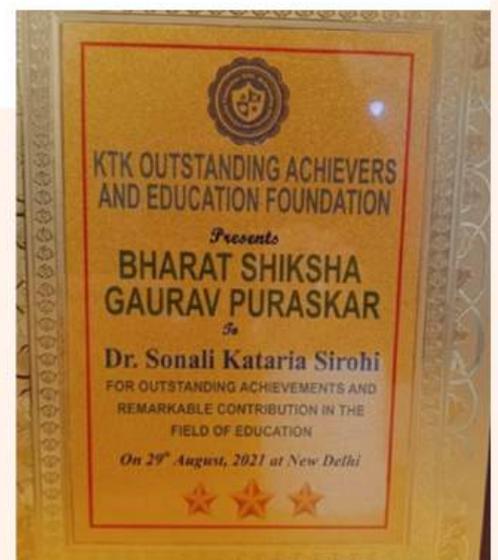
Dr Sonali as a TEDx host with Dinal Jain Special Olympics swimmer with Downs Syndrome
<https://youtu.be/tbljotiXtME>



Dr Sonali's interview at the esteemed platform GREAT PRINCIPALS
https://youtu.be/3kLfU6f_IAk



Bharat Shiksha Gaurav Puraskar 2021 (for her outstanding performance in the field of Special Education Leadership)





Dr Sonali invited as a GUEST SPEAKER for “AUTISM & HAPPINESS- WHAT MAKES THEM REALLY HAPPY” at the INTERNATIONAL CONFERENCE OF AUTISM Dubai April 2023
<https://youtu.be/vIDZ7IE18RE?feature=shared>

Dr Sonali invited as a trainer at the Directorate of Education to empower the senior school supervisors & mentors of the Delhi Ministry of Education
<https://youtu.be/nFVUzs6881g?si=g6nPwit9561DwntH>



Dr Sonali as a speaker at DD Urdu for autism January 2025 -
<https://youtu.be/4J7vKRQOD0I?si=aafGyaNMWTn6XjAU>

Received Forever Star India Awards (FSIA) The Real Super Woman 2020 in category Doctors in Social Achievements

KTK FOUNDATION Education Excellence AWARD 2022 (for academic research in the field of Special Education)



DR SONALI'S JOSH TALK
 FEBRUARY 2025 –
[HTTPS://YOUTU.BE/Z-U_XETOJ10?](https://youtu.be/Z-U_XETOJ10?SI=KLCXNIWELYOUPMTR)
 SI=KLCXNIWELYOUPMTR



NOMINATED FOR SOFY WOMEN'S AWARDS IN SOCIAL EXCELLENCE CATEGORY 2015 (CONDUCTED BY ZEE NEWS)



RECEIVED 19TH STREE SHAKTI AWARD 2018 (GANTAVYA SANSTHAN), AWARDED BY SHRI SUNIL SHASTRI (S/O LATE SHRI LAL BAHADUR SHASTRI) FOR REMARKABLE WORK IN THE FIELD OF WOMEN EMPOWERMENT



Received PNI achievers award 2018 for outstanding work in the field of empowerment of persons with special needs.



Received a DISTINGUISHED SERVICE AWARD from INDIAN MEDICAL ASSOCIATION, for extraordinary efforts & contribution towards making healthcare services more inclusive for people with special needs

Received a SPECIAL RECOGNITION AWARD for outstanding work in the field of special education by Modern Institute of Education & Moden school Barakhamba Road, New



Received EXEMPLARY CONTRIBUTION AWARD by Special Olympics Bharat, for training sports coaches in India & beyond, Sports Psychology in Autism in January 2024



- Women Leadership Award 2022 (for exemplary leadership in the field of Special Education)
- Featured in the FOX INDIA STORY MAGAZINE as one of the 50 women changemakers of 2022-23

PARENTS' TESTIMONIALS

When we approached Sunrise Learning in 2018, we knew only 2 things. First, our child Sarvika was on autism spectrum disorder and second it has no cure. Through the Mom and child programme, we came to understand the basics about the condition known as autism and how to approach the child. Later Sarvika joined the school in the EIP program. Slowly and steadily, little victories in the form of toilet training and sitting tolerance were achieved.



The eating, sleeping, playing, doing activities- all these patterns improved. Going out to the market or on a long-distance trip on train or flight used to make us anxious but thanks to the concept of social stories and visual support like pictures and videos, this too has been overcome. Thanks to the incredible patience and dedication of the teachers of Sunrise Learning, we have witnessed a steady transformation in our child, and we look forward to conquering more frontiers in the future with the support of Sunrise Learning. In fact, thanks to the structured pattern of learning that we came to know through Sunrise Learning, we didn't have to make any effort at all to raise and teach our younger daughter Ridhvi. While the journey is long, we know that with the support of Sunrise Learning, many more frontiers will be conquered.

Regards,

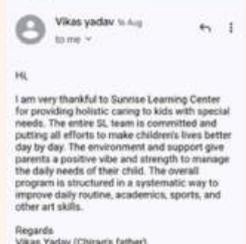
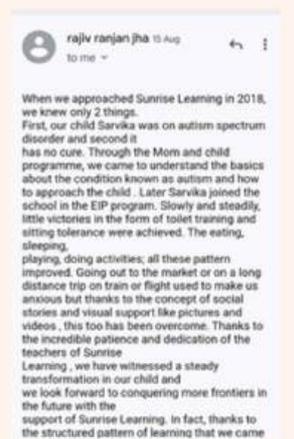
Rajiv Ranjan Jha (Father of Sarvika Jha)



I am very thankful to Sunrise Learning Center for providing holistic caring to kids with special needs. The entire SL team is committed and putting all efforts to make children's lives better day by day. The environment and support give parents a positive vibe and strength to manage the daily needs of their child. The overall program is structured in a systematic way to improve daily routine, academics, sports, and other art skills.

Regards

Vikas Yadav (Chirag's father)



PARENTS TESTIMONIALS



My name is Sakshi and I am mother of Arnav Arora. He is 17 yrs old. He has Down syndrome. He has completed grade 8th education from Presidium school, Noida. The CBSE syllabus had become very challenging for him, and at the same time he was not being treated well either. Then we took him out from there. He loves going to school. Then I searched on google and I found out about Sunrise Learning School, Noida. We went there, saw the school and facilities there, which we liked.

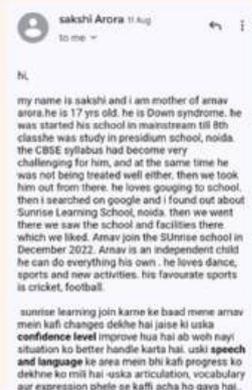
Arnav joined the Sunrise Learning school in December 2022. Arnav is an independent boy. He can do everything his own. He loves dance, sports and new activities. His favorite sports are cricket & football. Sunrise Learning join karne ke baad mene arnav mein kafi changes dekhe hai jaise ki uska confidence level improve hua hai ab woh nayi situation ko better handle karta hai. Uski speech and language ke area mein bhi kafi progress ko dekhne ko mili hai -uska articulation, vocabulary aur expression phele se kaffi acha ho gaya hai.

Sunrise learning ek school nahi balki ek aisa platform hai jahan bachchon ke overall development par kaam kiya jata hai. Yahaan students ko unki capabilities ke hisaab se training di jati hai, jisme ADL, CAFE SKILL, COMPUTER TRAINING, CREATIVE PRODUCTIONS jaise important areas shamil hai. Aab Arnav apne aap gher per tea, jawein, poha, matar chaat yeah sab bana leta hai. Computer per ms word, ms excel, powerpoint jaise per work ker lete hai, market jaker shopping ker ke ata hai, hissab se paise wapis leker ata hai. Humein bahut kushi hai ki Arnav ko ek aise school ka hissa banne ka mauka mila jahan uske skills ko samjha gaya nurture kiya gaya, aur use ek productive directon di gayi. Hum sunrise ke staff ke extremely grateful hai jinhone arnav ko samjha support kiya encourage kiya, motivate kiya har step par.

Humein SUNRISE LEARNING ke prati apna gehra aabhaar vyakt karna chate hain, khaaskar DR. SONALI MAAM ke liye jinhone parents ke liye ek ummed ki roshni jagayii. Aaj Arnav mein jo positive badlav hum dekh rahe hai- uske confidence level increase, social interaction, speech -woh sirf ek structured system nahi, balki ek caring aur understanding environment ka nateeja hai jo yaahan milta hai. Iss journey mein humein sirf ek school nahi , balki ek extended family mili hai jahan har parents ki baat suni jati hai aur har bachche ki unique needs ko samjha jata hai. Safety, security and hygiene ka bhi dhayan rekha jata hai.

Dr. Sonali maam ka vision aur dedication hum sab ke liye ek inspiration hai .unka yeah mission hum jaise kai parivaron ke liye ek nayi disha aur nayi umeed ban gayi hai.

DIL SE DHANYAVAAD!
Sakshi Arora (Mother of Arnav Arora)



PARENTS TESTIMONIALS

We, parents of Aaruhi Banathia, a student in Sunrise Learning, are overwhelmed with gratitude for the incredible progress our daughter has made at this special school(Sunrise Learning). Over the past year, our child has thrived, learning new skills and achieving milestones we never thought possible. Not only she is learning new skills, she is able to implement these skills in real-life situations.



The school's tailored approach, using visual supports, social stories, and sensory considerations, has been instrumental in her development. From a child who could not sit for a second to a child who sits meaningfully for a longer period of time in her classroom and participates in her daily classroom activities. From a child who was not at all social to a child who has become a social butterfly.

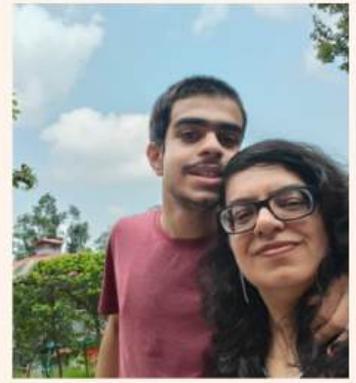
The positive reinforcement and hands-on learning methods have helped our daughter build confidence and overcome challenges like self-biting behavior. She is learning to regulate her emotions through a beautiful self-regulation curriculum in Sunrise Learning. The clear and simple language used by the teachers has improved her communication, and the structured routines have provided a sense of security and stability to her, which enhances her learning capabilities.

We are amazed by the positive changes we've seen in our child, from improved social interactions with her teachers and peers to increased independence in different skills, like she has become independent in her Daily Living Activities. She is learning to cook with the help of her Cafe Skills classes in Sunrise Learning. The school's dedication and expertise have made a profound impact on our child's life and in Ours, too, and we couldn't be more grateful.

**A grateful parent
Seema Banathia**



PARENTS TESTIMONIALS



Date: 04/19/2023, 10:49 AM
Subject: TESTIMONIAL FROM SAKSHAM'S PARENTS
To: <drsonalikatari@sunriselearning.in>
Cc: Amit Gupta <agupta47@gmail.com>

Dear Sunrise Learning !!

Your contribution in our lives can not be described in words. Thank you for accepting us and making us part of the family. Just penning down what we feel deep inside from our hearts.

When we first joined Sunrise Learning, we knew it would be a place for Saksham. What we didn't expect was for it to become an essential part of his and our lives. Over the years, Saksham has grown in ways we never thought possible. Sunrise Learning has been an integral part of our journey with Saksham. It is not just a school—it has been a nurturing ground where Saksham blossomed from a little child into a confident, expressive, and thoughtful 16-year-old teenager. Over the years, we have witnessed remarkable growth in every area of his development—social skills, communication, cognitive abilities, sports, and activities of daily living (ADLs).

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The school has provided him with compassionate teachers and genuine friendships that have played a crucial role in shaping his personality. The structured yet flexible environment, tailored to his individual needs, has helped him thrive in ways we had once only hoped for.

What makes Sunrise truly special is the unconditional love and acceptance that every child receives. It has always felt like a safe, supportive haven—not just for Saksham, but for us as a family. We always felt heard, understood, and guided at every step, no matter how big or small.

At the heart of this beautiful journey is Dr. Sonali, the founder and principal of Sunrise Learning, who is herself a special parent. Her lived experience, deep empathy, and unwavering commitment to children like Saksham shine through in everything the school stands for. She has built not just a school, but a community rooted in acceptance, respect, and unconditional love.

As parents, we always felt supported, guided, and reassured. Sunrise has been our anchor through challenges and our partner in every achievement. The people here truly love Saksham, not for what he achieves, but for who he is.

We are deeply grateful to Dr. Sonali and the entire Sunrise family for believing in Saksham and helping him grow into the young man he is today. This school will always hold a very special and emotional place in our hearts.

With Heartfelt Gratitude,
Saksham's Parents
"Vandana and Amit"



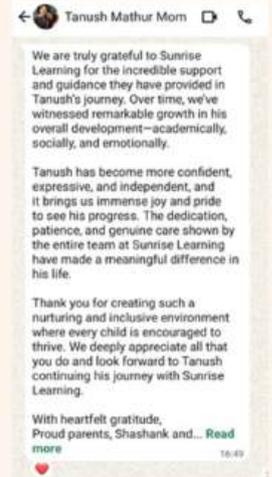
PARENTS TESTIMONIALS

We are truly grateful to Sunrise Learning for the incredible support and guidance they have provided in Tanush's journey. Over time, we've witnessed remarkable growth in his overall development—academically, socially, and emotionally.



Tanush has become more confident, expressive, and independent, and it brings us immense joy and pride to see his progress. The dedication, patience, and genuine care shown by the entire team at Sunrise Learning have made a meaningful difference in his life.

Thank you for creating such a nurturing and inclusive environment where every child is encouraged to thrive. We deeply appreciate all that you do and look forward to Tanush continuing his journey with Sunrise Learning.



With heartfelt gratitude,
Proud parents, Shashank and Tanu



I am very happy with Sunrise learning Special School. The school has good infrastructure and maintains very nice hygiene. The staff are humble and caring, and the teachers are well educated. They use good strategies to involve Shrey in different activities, and I can see his progress. Shrey has also become a good performer in sports. I am fully satisfied with the school and with Shrey's overall improvement.

Minakshi Singh (Mother of Shreyansh Karan)



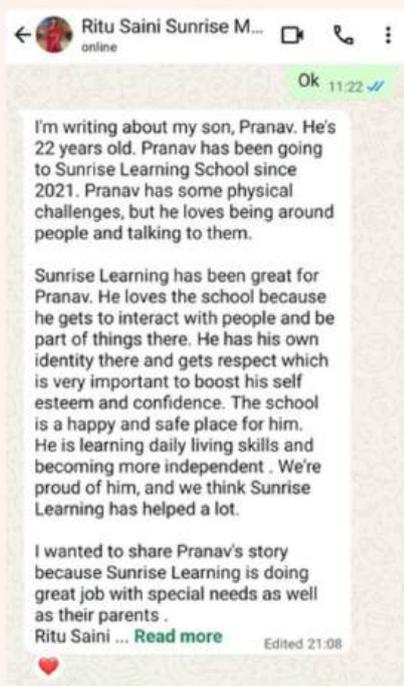
PARENTS TESTIMONIALS

I'm writing about my son, Pranav. He's 22 years old. Pranav has been going to Sunrise Learning School since 2021. Pranav has some physical challenges, but he loves being around people and talking to them.

Sunrise Learning has been great for Pranav. He loves the school because he gets to interact with people and be part of things there. He has his own identity there and gets respect which is very important to boost his self esteem and confidence. The school is a happy and safe place for him. He is learning daily living skills and becoming more independent . We're proud of him, and we think Sunrise Learning has helped a lot.

I wanted to share Pranav's story because Sunrise Learning is doing great job with special needs as well as their parents.

Ritu Saini (Mother of Pranav Saini)



Celebrating our support Partners

Our journey—and the audacious vision that now stretches beyond even our earliest dreams—has been possible only because of our support partners. In the beginning, they chose to stand by us when all we had was a belief: in a person, in a need, and in the right to a fair and just life.

Indo rubber,
Vicky sports
Mankind Pharma
Sanspareils Greenlands Pvt Ltd
Norisys Technologies

Today, they continue to walk beside us, and many more have joined us in our journey - giving generously not just to a school, but to a cause that touches thousands of lives. For this faith and steadfast support, we remain deeply grateful

ADOBE
DUPONT
IBM
MICROSOFT
INDUS CARES FOUNDATION, TEXAS, USA
RAM SARAN FOUNDATION, USA
GAIL- India Pvt Ltd.
IGL
Power Finance Corporation
NELCO SPORTS
Vehant technologies
Mcgraw Hill
ASIAN SHIPPING ALLIANCE, SINGAPORE
NBCC (India) Ltd.
KHANNA PAPER MILLS, India
ANMOL BISCUITS , India
ASSAM HOLIDAYS, India
INDIAN COLLEGE OF ANAESTHESIOLOGY, New Delhi



MAJOR EVENTS

SCAN THIS QR CODE TO REACH
THE YOUTUBE CHANNEL TO
CATCH GLIMPSES OF THESE
EVENTS



Major accomplishments



2024-25

APRIL



The walk for self-advocacy: Autism Awareness Event at PVR Logix Noida



An Event For Diversity & Inclusion for Autism Awareness Month organized by Shardul Amarchand Mangaldas (SAM) legal firm, Okhla & Autism Awareness session of Dr Sonali Kataria

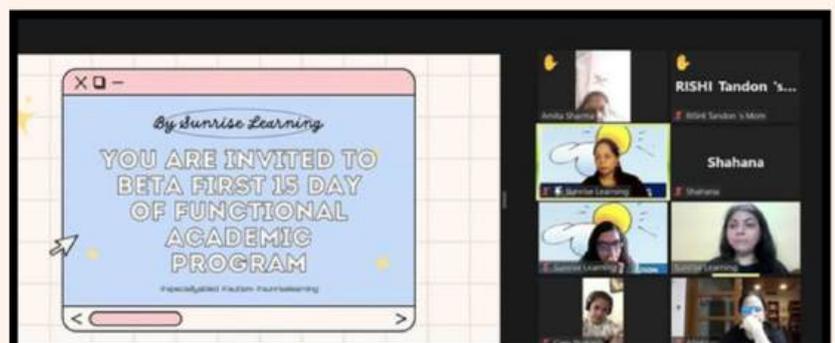


Orientation Programs with TEAM INTRODUCTION were conducted for the parents of students enrolled



Parent Empowerment Program from 17th April to 4th May

Online Functional Academics Program (Duration: 9 months)



MAY



Sunrise Learning Team & students attended the Special Olympic Bharat, Health Checkup Camp in Vardaan Hospital, Noida



Sunrise Learning students of ican1 Prevocational Program participated in 5-day Art Camp at Kiran Nadar Museum Of Arts, Noida from 15th May to 18th May



ON 11TH JUNE WE HAD A ROCKING, HOUSEFULL DJEMBE SESSION WITH MR VAIBHAV CHATURVEDI, A DJEMBE EXPERT



Science Experiment Session with Ms Monika on 12th June in all the programs



Movie Day for Pre-vocational & Vocational Training course students



Medical Camp at Sunrise Learning

JUNE



We had an amazing 8-day summer camp filled with fun and learning for 26 students, aged 8 to 16! Each day had a unique theme



Understand the sequence of Learning- from pre-requisites to learning and acquiring new skills

Resource person: MS MADHU SINGH, SPECIAL EDUCATOR

PARENT EMPOWERMENT PROGRAM

Free **Q&A SESSION** on Academics for Your Special Child

DATE: 28.05.2024
TIME: AT 4:00 PM

DETAILS IN CAPTION
8585928038

22 parents joined a 30-day long Online Parents Empowerment Program for Juniors (for ages 2 to 10 years) and another 11 parents joined the PEP for Seniors (for ages 11 to 18+ years).

On 28th May Sunrise Learning conducted a free webinar for **FUNCTIONAL ACADEMICS COURSE**, a 9-Month Online Live Program



INTERNATIONAL YOGA DAY

JULY



SUNFUN ART SHOWCASE



A FREE WEBINAR & DISCUSSION online session was held on 20th July. **TOPIC - SKILL TRAINING & BEHAVIOR MANAGEMENT.**

Mental, Emotional & Psychological Wellbeing session for SL Faculty



Faculty Orientation



Give Fundraiser Campaign



GAIL : Swatchchata pakhwada event

August



**78th Independence Day
Celebration at Indira Gandhi
Kala Kendra, Noida**



**Janmashtami
Dance Competition
for SL Mothers**

**Krishna
Janmashtami
Celebration in
School**



Rakshabandhan Celebration

September

BEST SPECIAL SCHOOL 2024 BY NATIONAL SCHOOL AWARDS



We are deeply honored and immensely grateful to announce that SUNRISE LEARNING has been honored with the National School Award- NSA for being the Best Special School in UP, yet again, the third time.

This recognition is a testament to the dedication and passion of everyone, who has been a part of our journey.

Reflecting on our ten-year journey, I am filled with pride and gratitude. What began as a dream to create a nurturing social environment for my own autistic son has blossomed into a retreat of hope and happiness for so many other individuals. Each milestone and challenge has enriched our experience and strengthened our commitment to providing a safe, supportive, and empowering space.

This award is not just a reflection of our past achievements but also a beacon guiding our future. We remain steadfast in our vision to empower special lives towards independence and dignity. With continued passion and perseverance, we will carry forward our mission, ensuring that every differently-abled person with us feels valued, understood, and inspired to reach their fullest potential.

Thank you for your unwavering support and for believing in our vision. Together, we will continue to make a profound difference in the lives of those we serve.

Regards

Dr Sonali Kataria, Founder Head, Sunrise Learning Foundation



October



Ramleela- a musical showcase



Diwali Mela, Art Exhibition & School celebration Activities



Diwali Ability Mela 2024 at Amity University Noida



GAIL CSR 5-day event



Navratri Stall on 6th Oct at Express Zenith Navratri Mela, sector 116, Noida

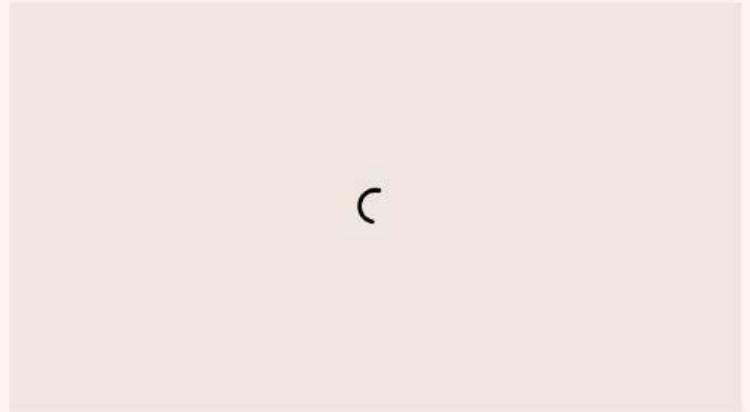
NOVEMBER

Sunrise Learning Anthem was released. The peppy music & the empowering lyrics reflect the soul & spirit of Sunrise Learning - A musical tribute to all our students, parents & team.

Lyrics - Ms Ritu Saini

Musical Composition by Pranjali, JAMPD

Tune- Ms Banashri Ash



ROOF TOP CAFE - A WINTER SUN ACTIVITY

"Smiling Greens - Grow your super food" - a hands-on workshop was conducted by Microgreens



Sunrise Learning students participated in Special Sports Meet organized by Cornerstone India Foundation on 29th Nov 2024.

Students who won Gold/Silver/Bronze Medals:

1. Darsh Singh- Gold in Roller Skating & Silver in Athletics
2. Dhruv Sharma - Gold in Athletics & Bronze in Roller Skating
3. Aaruhi Banathia- Gold in Roller Skating
4. Utkarsh Jha- Gold in kick the ball
5. Reyan Sandil- Silver in Kick the Ball
6. Daksh Chaurasia- Gold in Roller Skating
7. Chirag Yadav- Gold in kick the ball
8. Dakshesh Verma- Bronze in kick the ball
9. Ruveer Gupta- Bronze in kick the ball
10. Anant Kansal- Silver in Athletics

11. Yash Sanjay- Bronze in Shoot the Basket & Gold in Athletics
12. Arnab Arora - Silver in Athletics & Bronze in Kick The Ball
13. Saumya Mehra- Gold in Kick the Ball
14. Mehul Anand- Silver in kick the ball
15. Saksham-I Gupta- Gold in Roller Skating & Bronze in Shoot the basket
16. Garv Prakash- Silver in Kick the ball
17. Shreyansh Singh - Silver in Athletics & Silver in Kick the ball
18. Aryan Rathi - Silver in Roller Skating & Bronze in Athletics
19. Vihaan Gupta - Silver in Kick the ball
20. Abbas Ali- Gold in Athletics & Gold in Roller Skating



The Senior students of Vocational Training & Employment Readiness went for a Restaurant visit to Haldiram, Sector 76, Noida

December

**Disability is not a barrier.
Discrimination is!**



On the occasion of World Special Ability Day, students of Sunrise Learning participated in the art competition organized by Society of Sports and Cultural Advancement Noida.



SL Mini Sports Meet held on 11th February in Sector 7 Park, Noida.

Sunrise Learning students & trainees- Yash Sanjay ERT, Ojas Shrivastav ican1, Nishit ican1, Pihu Saxena ican1- participated in an event organized by Noida Special School



Rahul Khanna's Education through Theatre invited our special school students and team to the "Bharat Mobility Global Expo 2025 International Auto Expo", to attend the National Street Theatre Festival - Futurishya 2.0 for Road Safety, in association with Delhi Police, at the prestigious Bharat Manadapam, Pragati Maidaan.

Sports Meet Orientation



December

10th Annual Special Sports Meet, a mega Sports Carnival, held on 21st December 2024, at SARVOTTAM INTERNATIONAL SCHOOL, Greater Noida.



Sunrise Learning celebrated Christmas with lots of fun activities on 24th Dec 2025



JANUARY



Webinar for Parents of Special needs or having Speech & Language difficulties, was held on 9th January with Ms Srilalitha Parmeshwaram, Speech & Language pathologist & audiologist.



Lohri Celebrations



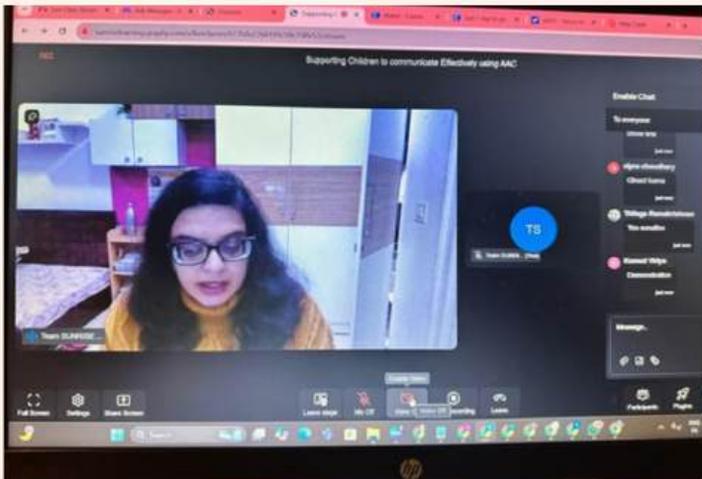
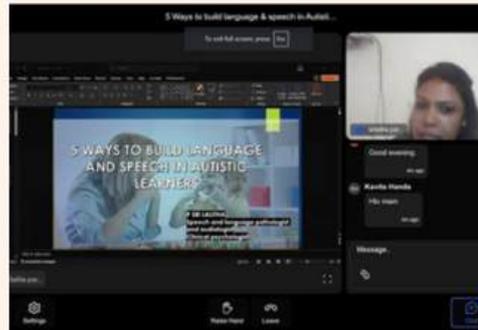
Vocational Skills workshop for all the differently-abled learners



Republic Day Celebration



Dr Aastha, Occupational Therapist shared her knowledge and experience with Sunrise Learning staff about some sensory Regulation techniques & strategies used in Occupational Therapy.



A webinar for understanding Functional Academics for Specially-Abled Children, was held on 18th January with Ms Vandana Gautam (A special Parent & Functional Academics in-charge) & Ms Monika Misra (Special Educator).



One Minute To Rock, Republic Day Special was held on 25th January. The inclusive event invited participants ranging from 3y years to 10 years. Our Little Performers OMTR Talent Show was a HUGE success.

February

VASANT PANCHMI
CELEBRATION



ANNUAL SCHOOL PICNIC at Children's Park, Noida



Sports Meet participation at Heritage School Gurgaon



NAME OF CHAMPIONS:

1. YASH SANJAY
2. ANANT KANSAL
3. ARNAV ARORA
4. OJAS SRIVASTAVA
5. RUVVEER GUPTA
6. ABBAS ALI ADIL

“RAINBOW” Inclusive Talent Showcase
at Kothari International School, Noida

Cultural program at NOIDA ANNUAL
FLOWER SHOW, organized by NOIDA
AUTHORITY at Shivalik Park, Noida



March

Sunrise Learning Noida
Wheelers, a Special Needs
Roller Skating Competition, at
Noida Stadium



Holi Celebrations



DAY-NIGHT CAMP



The Art Of Cafe Skills -
Bakery Workshop

DIL Ki Baat with SL Moms
& Women's Day
Celebration

2-day AVAZ software
mini training



CELEBRATING DOWN SYNDROME DAY

WOMEN'S DAY CELEBRATION



PARENT EMPOWERMENT PROGRAM

17TH FEB TO 1ST MARCH 2025



• Topics Covered:

- 1st March: How can you prepare for PEP and fully utilize your potential.
- 3rd March: Understand your child's strength and challenges- Build Connect – Build Trust Q & A Positive Foundation for Learning
- 4th March: Tools for Productivity & Communication
- 5th March: Foundation Skills – Compliance, Communication (verbal & Non-verbal), Joint Attention, Eye contact, Sitting Tolerance
- 6th March: Non-verbal Communication – AAC, Skill Training
- 7th March: Prevocational Skills & Social Skills
- 8th March: Sensory Integration
- 9th March: Language Development
- 10th March: Emotional Regulation skills & Sensory Integration Q & A
- 11th March: Independence in work & Behavior
- 12th March Eating & Toileting issues along with Holi Social Story
- 13th March: Pre-Academics to academics, Sensory Integration
- 14th March: hyperexcitability & sleep
- 17th Mar: Speech & language
- 18th March: Preadolescence behavior, Steps to Teaching, OT & Sensory Integration
- 19th March: Pre-Academic to Academics, Functional Academics, Café class, Oro-motor issues & stimulation exercises & Language stimulation exercises & activities
- 20th March: Create an IEP for your child
- 21st March: Money concept, General Awareness, Parents learnt to take class (3 parents take classes with their own children)
- 22nd March: make IEP of your child
- 24th March: IEP Q & A, Activities of Daily Living
- 26th March: Teach Computer skills, Art & Fine Motor class
- 27th March: Nutrition, Story narration & demonstration
- 28th March: Common medical concerns, Interactive session
- 29th March: Personal Growth
- 31st March: THINGS TO DO, CHECKLIST, Goals for next 3 months.



ANNUAL FUNCTION 2025



Celebrating the Grand Success of Sunrise Learning 10th Annual Function & Graduation Day. With immense pride, we share our joy & triumph in completing our 10th Annual Function & Graduation Day.

This milestone event was a true celebration of the incredible journey, resilience, and achievements of our students. The event was a spectacular showcase of talent, determination, and the unwavering commitment of our entire team.

A total of 105 students participated in the function, and we were honoured to host 250 guests, including parents, grandparents, and siblings, who came to support and cheer for our wonderful children. The event was thoughtfully conducted in two parts –one for juniors (in the morning) and one for seniors (in the afternoon), ensuring that every child had their moment to shine. A special note of appreciation to our dedicated teaching team, who played a pivotal role in ensuring that every child was smoothly prompted and guided through their performances with love and patience. Their unwavering support and gentle encouragement enabled our students to shine on stage with confidence.



ANNUAL FUNCTION 2025



Heartfelt gratitude to the planning team, whose vision and meticulous conceptualization brought this event to life. From designing the theme to coordinating every intricate detail, their hard work ensured a seamless and memorable experience for all.

A huge round of applause to our choreographers who trained both the students and the teaching team with precision and dedication. Their passion and efforts ensured that every movement was

executed beautifully, making each performance a joy to witness. Most

importantly, a standing ovation to our students, whose hard work, determination, and perseverance were truly inspiring. Their

ability to perform, stay engaged, and

overcome distractions was a testament to their incredible growth and the unwavering belief of their mentors in their potential. A

heartfelt thank you to our wonderful parents, who went above and beyond to support this

event. Your efforts in arranging beautiful costumes, dedicating your valuable time to attend the function, and being the constant learning partners for your children played an essential role in making this event a success.

Your encouragement and involvement mean the world to us and to your children.



ANNUAL FUNCTION 2025



To add to the joy of the occasion, all the children received delicious snack packets, while all our esteemed guests were treated to delightful snack boxes, making the celebration even more special.

Adding to the excitement, all students received their Yearly Evaluation Reports—a compiled booklet that encompasses their progress journey over the past year. They were also awarded personalized, customized graduation certificates, marking a significant milestone in their academic and personal growth. A huge thank you to The Millennium School, sector 119, Noida for providing us with their beautiful auditorium as the venue for this event. The warm and welcoming space added to the grandeur of the occasion, making it a truly memorable experience for all.



This event was not just a function - it was a celebration of inclusivity, perseverance, and boundless possibilities.



Each smiling face, every dance move, and every heartfelt moment reaffirmed our mission of nurturing and empowering our children to reach new heights.

Heartfelt Gratitude to ANMOL BISCUITS for sponsoring the snacks for the children & the team.

SUCCESS STORY



Yash Sanjay – A Proud Sunriser!

When Yash joined Sunrise Learning in August 2018 at the age of 16 his most overwhelming challenges were his social skills, avoiding eye contact, nervousness and anxiety at public appearances.

With consistent interventions to highlight his creative abilities and creating opportunities for social interactions, Yash now proudly introduces himself to all guests at SUNRISE LEARNING as a budding 'Event Planner'. He's taking more responsibilities within the classroom, leads group projects, has independently taken the initiative of preparing for Senior Secondary exams. He creates handmade products with the help of his mother Manju Gupta and successfully exhibits his products at exhibitions and 'Diwali- melas'



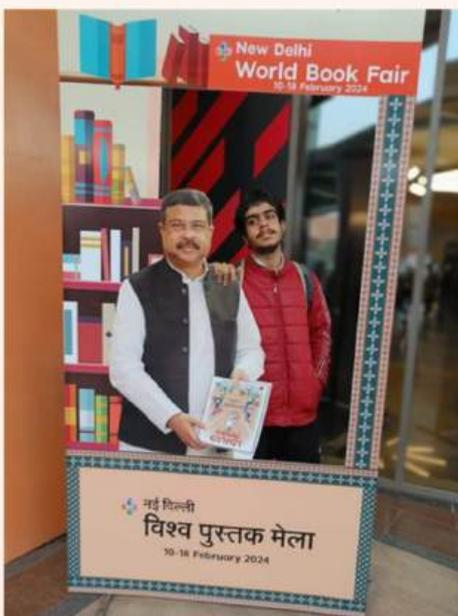
SUCCESS STORY

Saksham came to us in 2018. With a diagnosis of severe Autism, his challenges were - hyperactivity, hyper-sensitivity, self-biting, unwanted sounds, lack of communication and social skills.

A little later, these challenging were aggravated by adolescence.

He is 16 yr old now and with behaviour management, emotional regulation therapy, sports training, academic and computer education - he has transformed into a communicative young adult who has many feathers in his cap.

He has scored 93.2% in 10th (NIOS), has won a district level gold, a state level bronze at roller skating, He also scored a first position in the Nationals of the Spell Bee contest in 2022. **Saksham has recently co-authored the book "Talking Fingers- Voices of Indian Non-Speaking Autistics" - a publication that has been showered with overwhelming love and is achieving visibility for the cause and the community!**



He has good typing and MS excel skills, Strong understanding of numbers and medicines. Saksham has formed beautiful bonds with his parents, friends and teachers, loves to sing, and travel with his family.

SUCCESS STORY



Aaruhi Banathia, a bright, talented and endearing 10 yr old is on the autism spectrum and is diagnosed with ADHD. She has faced a series of challenges that have tested her resilience. When Aaruhi first came into our care in 2021, three major obstacles stood in the way of her development:

Limited Social Interaction: Aaruhi found it difficult to engage with peers, teachers, or anyone around her. She often preferred solitary activities, avoiding eye contact, and not responding when spoken to. She found it difficult to understand social cues, such as body language or facial expressions, which further hindered her ability to connect with her peers and teachers. Interactions with others were rare and usually very brief, often leading to frustration or withdrawal in group setting.

Difficulty with Setting Boundaries and Excessive Movement: Aaruhi struggled to sit still in class or follow a structured routine. She was constantly moving, making it hard for her to focus on any activity for extended periods.

Lack of Command Following: She had little understanding of following instructions, which made participating in classroom and social settings quite challenging. When asked to perform a task, such as sitting down, picking up an object, or transitioning between activities, she would either not respond at all or become distracted and engage in unrelated behaviors. This was often due to her difficulty in processing verbal instructions, combined with her ADHD symptoms, which made it hard for her to focus and stay attentive.

Aaruhi was helped with the following interventions:

Social Skill Training: Aaruhi participated in peer group activities, where she learned to engage with other children through guided play, role modelling, and structured interactive sessions.

Behavioral Therapy for Command Following: Aaruhi underwent behavioral therapy, where she was gradually trained to follow simple commands. This approach used step-by-step instructions and clear consequences for behavior, teaching her to understand the impact of her actions. Positive Reinforcement Techniques: In the classroom, positive reinforcement helped Aaruhi to stay seated and focused. She was rewarded with tokens and praise for calm behavior, sitting still, and following directions. This aided, activities of daily living and daily communication activities.

Success achieved/ significant development seen – There is a significant improvement seen with regard to being social, interacting confidently with her teachers, peers, and other children. She can engage in conversations and express herself, which has helped her form stronger relationships within her classroom and school community. Aaruhi can now sit in class for extended periods, especially when positive reinforcement is used. She participates in classroom activities and follows instructions, understanding the consequences of misbehavior. She knows that disruptive actions lead to less favorable outcomes, so she makes an effort to behave well and complete her tasks. Aaruhi has significantly improved her ability to remember and understand academic content. She tries hard to retain information and is better at recalling things than before.



- Functional skills/ ADL/ classroom behaviour – in a classroom setting, Aaruhi’s behavior has significantly improved. Previously, she found it difficult to stay seated, follow instructions, or engage in group activities. Now, she demonstrates better focus and understanding of instructions as well as its articulation. Aaruhi tries her level best to follow commands by assessing the consequences of her actions.
- Social skills- she initially struggled with social interactions and found it difficult to engage with others. However, over time, her social skills have significantly improved. She now listens attentively, participates in games, and interacts much more effectively with those around her.
- Academics – Aaruhi has significantly improved her ability to remember and understand academic content. She tries hard to retain information and is better at recalling things than before. Her ability to process and engage with lessons has made her more attentive in class.
- Computer skills - Aaruhi has mastered the basic functions of the computer, recognizing letters and numbers, and has developed typing skills. She has reached a pre-basic level in typing, showing remarkable improvement.
- Sports activity- Aaruhi’s interest in physical activities has grown, and she now follows commands during sports and enjoys participating in events.
- Participation in events- Aaruhi takes interest in various events being scheduled in the school and wants to pool in efforts for the same. She has shown great enthusiasm for drawing, art, and sports, which has boosted her confidence in her abilities.

Aaruhi has developed a strong sense of understanding actions and their consequences. She now comprehends instructions, follows them diligently, and grasps the impact of her behavior. Her journey is an inspiring example of growth, resilience, and perseverance.

SUCCESS STORY

Poorab Sirohi, a 15-year-old young boy on the autism spectrum, the reason behind the creation of this special school - the thread that binds us.



When Poorab started his journey with SUNRISE LEARNING, in November 2014, he was 5.5 years old. He was on the severe end of the autism spectrum, and struggled with 2 major challenges -

Severe sensory disintegration - he was extremely hypersensitive to sounds & was always anxious in every social setting. As a coping mechanism, he always covered his ears and exhibited social withdrawal and reduced engagement in his surroundings to protect himself from overstimulation from sounds. His visual stims and fixations were always hampering his ability to focus & learn.

Communication difficulties - Poorab had major problems in expressing his needs & feelings.

The following strategies helped him immensely -

Visual Supports: Visual schedules and social stories are common tools for children with ASD. These tools provide clear, step-by-step instructions for what is expected in various situations, helping to reduce anxiety and prevent anxiety by making the environment more predictable and understandable for the child.

Computer Pre-Basic Skills: Poorab has developed foundational skills in using a computer, which demonstrates improved attention and ability to follow step-by-step instructions. This skill not only reflects his cognitive progress, but also his growing independence in task completion.

Emotional Regulation: Through positive reinforcement strategies, Poorab was taught alternative ways to express frustration or discomfort, reducing the occurrences of anxious behavior. Gradual exposure to social settings with structured support helped him develop better social interaction skills.

Sports Activities Physical activities, especially skating, played a crucial role in Poorab's development. Skating provided Poorab with an outlet to release pent-up energy and develop better body coordination. As he became more engaged in sports, his sensory processing improved, and his anxiety levels reduced.



The Impact of Strategies were seen in a scale of Improvements in Poorab's

Performance. One of the most remarkable areas of improvement is Poorab's ability to follow commands and instructions. This demonstrates a significant reduction in impulsive behaviors and an increase in his attention span and understanding of social cues.

Functional skills– Poorab has progressed to following instructions and commands more effectively. He tries to be patient, which is a positive sign of growth in his emotional regulation and social interactions.

Social skills- Poorab 's social skills have improved with respect to his ability to form connections with those around him.



Computer skills - Poorab has shown notable improvement in his computer skills, particularly in pre-basic tasks, which are crucial for building his digital literacy. Initially, he faced challenges with sitting still and staying focused during computer lessons, but with consistent practice and guidance, he has developed the ability to engage more actively with the tasks at hand. He now demonstrates a better understanding of basic computer functions, such as operating a mouse and keyboard, navigating simple software, and following step-by-step instructions.

Participation in school or community events: Poorab now takes part in activities with greater enthusiasm and cooperation. Whether it's a classroom presentation, a group performance, or a sports event, he shows a willingness to engage and follow directions, which demonstrates his growth in social and communication skills.

Poorab has progressed phenomenally in 2 major areas -

1. Independence in life skills -

He is now able to do most of his daily activities independently!

He always enjoyed doing household chores, he was washing his tiffin & plate since COVID times, and now he is learning to wash his underwear also before his bath!

He is learning to follow the bathing visual sequence to take a bath independently. It took him 8 long years to overcome his sensory aversion to roti & fruits, and now he eats roti with sabzi, and all fruits, easily & happily.

2. Complex Social situations including travel -

From being an absolutely disintegrated person, always overwhelmed with sensory inputs, always anxious and hypersensitive to sound, smells, crowds & lights, Poorab has evolved to become calm & comfortable in long air travels, airport waiting, security checks, train travel, eating in restaurants, watching movies in theatre, attending family weddings and shopping. He has come a long way in managing himself in these overstimulating settings, as long as he is with his mother. The next step is to learn to generalize these skills with more & more people.

He still has a long way to go in overcoming his fixations & obsessions, but he is slowly learning to regulate his emotions when he is not able to achieve his obsessive perfection due to social limitations.

SUCCESS STORY



DHRUV SHARMA, 9-year old boy on the Autism Spectrum, is currently enrolled in the Skill Learning Program. When Dhruv started his journey, he had:

Communication Difficulty: He was unable to communicate verbally or through picture communication. He was not able to express his needs, wants and emotions effectively.

Non-Compliance: He was not able to follow many instructions & was often lying down, jumping, or running around.

Difficulty understanding concepts: He lacked engagement with table-top tasks and struggled with basic learning activities.

The following strategies helped him immensely:

PLAY WITH STRUCTURE -

Learning in a peer group, with lots of turn-taking activities that involved all kinds of social skills like listening, following visual & verbal instructions, imitation, waiting and playing meaningful games, in a structured environment.

VISUAL SUPPORTS -

Dhruv's communication improved phenomenally when he got the priceless gift of using visual cards for expressing his needs and feelings (to some extent).

SENSORY MOTOR GAMES IN GROUPS -

Dhruv was given opportunities to use the ball, to play in many ways: to throw, kick, catch, hold, transfer, roll, dribble, bounce and keep the ball in a basket, to develop his eye hand coordination, scanning, focus, concentration, response to name, and gross motor skills, along with enhancing his sports skills like shoot the basket, kick the ball, hit the target & catch & throw.

ADLs IN A CLASSROOM -

Dhruv had a huge challenge; he just wouldn't eat anything in school. Infact, he used to get very anxious in snack time and didn't want to open his meal box. He has come a long way. He is now beginning to accept his tiffin box, and the recess time on his schedule. He is even trying some things to eat, during that time.

Functional skills/ ADL/ classroom behaviour-

Dhruv now exhibits good compliance in the classroom, responding positively to instructions like "go to your class." He understands the structure of the day, including tasks like writing 'first' and 'then' free time. Functionally, he is independent in putting on his shoes, opening and closing his lunchbox, and understanding daily routines.

Social skills-

Dhruv has developed strong social connections, participating happily in group activities with peers. He follows rules, understands the concept of privacy, and differentiates between safe individuals and strangers.

Academics-

In academics, Dhruv has progressed from simple pointing and object-based tasks to reading two to three-word sentences and answering yes/no questions. He has moved from level 1 to level 2 and is now on level 3.



Computer skills -

Dhruv has made significant progress in computer skills. Initially unfamiliar with technology, the student learned basic computer operations, such as navigating the interface, recognizing icons, and performing simple tasks like opening applications. Over time, he has developed greater proficiency in using the computer for learning activities, which enhanced both their academic skills and their ability to follow instructions on digital platforms.

Sports – In sports, Dhruv initially excelled at skating only within the school environment but struggled outside due to distractions from the surroundings and people. However, with consistent practice and guidance, he has overcome these challenges and now stays focused even in external environments. His ability to follow instructions during these activities demonstrates his increased attention.

Specific Achievement- One of the Dhruv's notable achievements is that he now writes independently. Work was done on his focus through pointing, and basic reading, progressing from one-word to multi-word sentences. As he progressed, simple worksheets were introduced for reading and writing. At first, the focus was on identifying and reading one-word responses. With consistent practice, Dhruv was able to move on to two- and three-word combinations, gradually developing reading comprehension.

Dhruv has achieved remarkable success in multiple areas through consistent interventions. Initially non-verbal and less-compliant, Dhruv is now able to communicate effectively, using sentences to express needs and engage in conversations.

Emotionally, Dhruv has formed real connections with his parents, classmates and teachers, showing a high level of social engagement.

Compliance with instructions has greatly improved, and he follows many commands independently, such as going to class without hesitation.

Academically, Dhruv progressed from identifying objects to reading two- to three-word sentences, with notable growth in understanding and participation. This progress reflects significant emotional, social, and academic development, highlighting his all-around success.

SUCCESS STORY

Sarvika Jha, 10 y old girl with Autism is currently enrolled in Skill Learning Program (SLP)



Initially, Sarvika struggled with being toilet trained, leading to frequent accidents. She had difficulties sitting still or remaining seated for tasks or activities, which is a common challenge in young children, especially those with attention or sensory needs. This behavior can make it difficult for them to engage in structured learning or follow classroom routines.

She exhibited signs of irritability and crankiness, which could have been related to difficulties adjusting to the school environment.

Early on, she faced difficulties in expressing herself verbally or through gestures, making it hard to communicate her needs effectively. This could have led to frustration, behavioral issues, and barriers to social interaction. She wanted to eat at all times, which could be a form of sensory-seeking behavior, comfort-seeking, or an indication of challenges with understanding boundaries around mealtime.

At Sunrise Learning Sarvika participated in peer group activities, where she learned to engage with other children through guided play, role modeling, and structured interactive sessions.

She underwent behavioral therapy, where she was gradually trained to follow simple commands. This approach used step-by-step instructions and clear consequences for behavior, teaching her to understand the impact of her actions. In the classroom, positive reinforcement helped her stay seated and focused. She was rewarded with tokens and praise for calm behavior, sitting still, and following directions. This had an impact on her daily living and communication activities. She has shown remarkable success and development across various areas, demonstrating immense growth from her initial challenges. Once struggling with toilet training, communication, and social interaction, she is now toilet trained, expresses gestures for toilet use, and actively engages with others through improved social skills like eye contact, imitation, and greetings.

Academically, she has transitioned from average performance to confidently following instructions, answering "W" questions, and participating in classroom activities, both online and in-person. Her physical abilities, once hindered by fear, have flourished with newfound independence in skating and participation in competitions. Strong family and teacher support, coupled with therapy interventions, have fostered this transformation, turning obstacles into milestones of success.

She has also made a significant progress in functional skills, Activities of Daily Living (ADL), and classroom behavior, showcasing growing independence and adaptability. Now she follows all the instructions very well and transitions smoothly between activities. Her increased focus and concentration during both online and in-person classes have contributed to a positive learning environment.



Her social skills have improved tremendously, marking a significant shift from earlier challenges. Initially, she struggled with making eye contact, using social gestures, and engaging in imitation, all of which are key to social interactions. Over time, she has developed the ability to maintain eye contact, imitate others' actions, and use social gestures like "Namaste" and waving goodbye, demonstrating increased social awareness. She now participates in solo performances, showing not only confidence but also an enjoyment of social settings, particularly through music and dance. She is now more comfortable in group environments, understanding concepts like privacy and interacting appropriately with peers and adults.

This transformation in social skills is a testament to her growing ability to connect with others and engage meaningfully in social contexts.

Her academic progress has been impressive, reflecting her growing ability to engage with and master the nursery-level curriculum. Initially performing at an "average" level in pre-nursery, she has taken notable strides in both understanding and participation. She now follows classroom instructions with ease, shows good listening skills and has developed the ability to transition between activities smoothly. Her ability to answer "W" questions (who, what, when, where) demonstrates a grasp of foundational concepts, while her one-word responses and card-pointing skills highlight an emerging capacity for effective communication. She is also beginning to write, which is a key milestone in her academic journey.

Her progress in computer skills has been remarkable, particularly in the area of pre-basic computer operations. Initially facing challenges in sitting still and focusing, she has now developed the ability to follow instructions and engage meaningfully with computer-based learning. She has demonstrated improved hand-eye coordination and can navigate simple tasks on the computer, showing an increasing comfort with technology. In sports Sarvika has been remarkable, particularly in overcoming initial fears and gaining confidence. Initially hesitant and fearful of activities like skating, she has now progressed to independent walking on skates, showing a strong sense of balance and coordination. Her participation in events, particularly through dance, has been exceptional, showcasing her natural talent and confidence. She truly shines on stage, performing solo with enthusiasm and grace. Her love for music and dance is evident, as she not only follows the rhythm but also enjoys every moment of it, captivating the audience with her moves. Whether it's a school function or a special event, she embraces the opportunity to perform, and her comfort in front of a crowd reflects her growing self-assurance.

Her ability to dance so well highlights her creativity, coordination, and passion for performing arts, making her a star.

We are proud of you Sarvika!!



SUCCESS STORY

Anant Kansal, a 17-year-old boy, on the Autism Spectrum is currently enrolled in Employment Readiness Training Program. He joined Sunrise Learning on 1st January 2023.



When Anant Kansal joined SUNRISE LEARNING, he exhibited a range of behavioral and social challenges. These challenges impacted his ability to engage effectively in structured environments and social settings.

Anant frequently displayed physical aggression, including hitting and pushing others. These behaviors were often triggered by interactions where he perceived the tone as rude or commanding and where he had difficulty managing his emotions. He faced significant challenges in understanding and participating in collaborative activities. He exhibited excessive talking, sometimes continuing conversations even when others were not engaged, indicating challenges with reciprocal communication.

He struggled with accepting commands delivered in a stern manner, often reacting negatively to authoritative tones. This indicated challenges with emotional regulation and sensitivity to communication styles. Addressing these behaviors was crucial to facilitate Anant's integration into group settings and enhance his social interactions.

Anant was taught to engage in deep breathing techniques; Chanting 'Om' (Incorporating the practice of chanting 'Om' provided a rhythmic and soothing activity). Positive Communication and Instruction delivery that helped Anant center his focus and achieve a state of calmness. It was also important to recognize Anant's sensitivity to the tone of instructions in various situations.

The following communication strategies were employed:

- Polite and Respectful Language: Instructions were delivered in a gentle and respectful manner, avoiding authoritative tones that previously triggered negative reactions.
- Step-by-Step Guidance: Tasks were broken down into manageable steps, ensuring clarity and preventing feelings of being overwhelmed.

To foster a sense of accomplishment and boost self-esteem, Anant was gradually introduced to responsibilities:

- Incremental Task Assignment: Starting with simple tasks, Anant was progressively entrusted with more complex responsibilities, such as computer-related activities and academic assignments.
- Recognition of Achievements: Positive reinforcement was provided to acknowledge his successes, reinforcing his motivation and engagement.

To enhance Anant's self-awareness and understanding of the consequences of his actions, reflective practices were incorporated:

- Apology Letter Writing: Following instances of inappropriate behavior, Anant was guided to write apology letters pertaining to the incident: Describing what occurred.
- Emotional Triggers: Identifying the emotions that led to the behavior.
- Consequences: Understanding the impact of his actions on others.
- Alternative Responses: Considering better ways to handle similar situations in the future.



Behavioral Therapy was introduced to Anant that focused on teaching alternative behaviors to replace aggression, enhancing emotional regulation, and developing coping strategies. Social Skills Training provided structured opportunities to practice appropriate social interactions, teamwork, and communication within group settings.

Tailored academic instructions were given to him to leverage his strengths, particularly in areas like mathematics and computer skills thus fostering engagement and success. Engaging Anant's parents in the intervention process, ensuring consistency between home and school environments and empowering them with strategies to support his growth were an integral part of his management plan.

Anant has taken significant strides in self-regulation and interpersonal interactions.

Through tailored interventions, he learned to manage his emotions effectively, leading to a notable reduction in incidents of hitting and pushing. His communication skills have improved, enabling him to engage in meaningful conversations and participate actively in group settings. Academically, Anant excelled, particularly in computer applications and mathematical calculations, showcasing his sharp intellect and quick learning abilities. His dedication extended beyond the classroom, as evidenced by **his achievement of a silver medal in skating at the Special Olympics, where he demonstrated independence by staying away from his parents for four days.** Successfully completing his 10th grade through the NIOS board, Anant now performs most activities with minimal support, reflecting his enhanced autonomy. His journey underscores the transformative impact of consistent support, structured routines, and personalized strategies in unlocking his potential.

Anant aspires to pursue employment opportunities that align with his skills and interests, particularly in Computer-based roles, such as data entry and Retail or shop-related activities, leveraging his proficiency in calculations and customer interactions

SUCCESS STORY

Abbas Ali Adil, 9 Years old boy on Autism Spectrum Disorder. He has joined Sunrise Learning on 4th Sept 2023.



When Abbas joined Sunrise Learning, he presented with several challenges. He exhibited high levels of aggression, including frequent pushing, hitting, and screaming. He was unable to sit for even short periods and showed no signs of compliance or understanding of instructions. Communication was a major concern—he had no speech, no means to express himself, and would often get frustrated. Additionally, he did not eat his meals at school for a long time, which further affected his routine and well-being.

Challenge Targeted as First Priority:

The main focus of intervention was to increase his communication abilities, which in turn would help decrease his aggressive behaviors such as pushing, hitting, and screaming.

Strategies Used-

- To address the core issue of limited communication and associated aggression, a multi-modal communication approach was adopted. He was introduced to a picture-based communication board, which included visuals representing common objects, needs, emotions, and actions. This allowed him to begin expressing his needs non-verbally, reducing his frustration and aggressive outbursts.
- In addition, a visually supported daily schedule was created and consistently followed. This schedule helped him anticipate what was coming next, reducing his anxiety around transitions. Each part of the day—arrival, snack time, play, learning sessions, and home time—was represented through images, enabling Abbas to develop a sense of predictability and routine.

Visual prompts were also used during tasks and instructions to help with comprehension and execution. This visual system was gradually paired with verbal modeling, encouraging the transition from non-verbal to verbal communication over time.

These strategies also emphasized building a safe and structured environment where he could feel in control through clear, visual choices (e.g., "What game do you want to play?" with 2-3 picture options), thereby empowering him to make decisions



Interventions Used:

- Use of visuals and communication boards for self-expression
- Social stories to teach expected behaviors and emotional regulation
- Group learning sessions to build social interaction and shared attention
- Sensory-motor games to address sensory needs and regulate energy levels
- Brain Gym activities to improve focus and coordination

Progress Noted:

- With consistent use of structured strategies and interventions, Abbas began showing remarkable progress. His aggressive behaviors such as pushing, hitting, and screaming significantly reduced, as he now had a way to express himself through communication boards. Over time, he made a successful transition from picture-based communication to using verbal language, which became one of the most notable milestones in his journey.
- He started eating independently at school—something he had completely resisted in the beginning. This improvement reflected not just comfort in the environment but also growing self-regulation and routine acceptance.
- His compliance improved drastically—from not being able to sit at all, he began to participate in one-on-one and group sessions with better attention and willingness. He developed the ability to wait for his turn and follow basic group rules, indicating enhanced social understanding.
- He also showed impressive physical and motor development, especially in sports and skating, where he not only learned quickly but also began to excel. He now engages confidently in group activities, enjoys peer interaction.

Current Abilities:-

Today, Abbas demonstrates a good grasp of concepts and understanding, communicates verbally, and showcases remarkable abilities in sports, especially skating. He is socially more aware and engages meaningfully in group settings.

Future Goal:-

To further excel in sports and participate in inclusive environments where he can showcase his talents, build friendships, and grow with confidence and independence.

NIOS Results 2024-25

Congratulations to our amazing differently-abled champs who have cleared Grade 10th with flying colors.

Your special abilities have always made you emerge stronger than your challenges.



SAKSHAM GUPTA



ARNAV ARORA



ANANT KANSAL



SHREYANSH SINGH

Your perseverance and dedication are truly inspiring. Wishing you all the best for your future endeavors

TEAM ACCOMPLISHMENTS

Parent faculty of Sunrise Learning were invited on the JOSH TALKS platform to share their life stories as parents & professionals !



**DR SONALI KATARIA
(FOUNDER TRUSTEE)**



**MS TANU MATHUR, PROGRAM
IN-CHARGE FOR ican2
PREVOCATIONAL PROGRAM**



**MS VANDANA GAUTAM (VOCATIONAL
PROGRAM IN-CHARGE)**



**MS MINAKSHI SINGH
(VOCATIONAL EDUCATOR)**

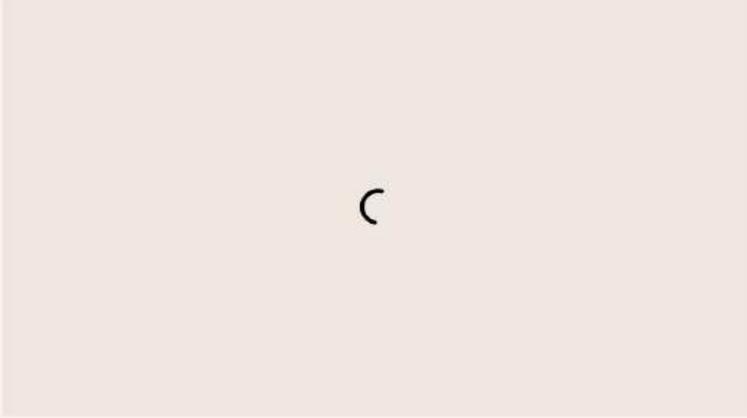


**MS RITU SAINI
(HEAD OF INTERVENTION)**



**MS SEEMA BANATHIA
(PROGRAM IN-CHARGE FOR
ican1 PREVOCATIONAL
PROGRAM)**

SCHOOL'S ACCOMPLISHMENTS



**Sunrise Learning 10th Annual
Special Sports Meet news on
DD URDU**



**SL Annual function
glimpses & interviews on
News 24 channel**



**An Exclusive Interview of Dr Sonali Kataria (her
journey & experiences related to Autism),
Founder Head of Sunrise Learning, Special
School on “Kuch Lamhe Fursat ke” on DD Urdu**

SUPPORT PARTNERS

2024-25



SUNRISE LEARNING FOUNDATION
10th Annual Special Sports Meet, 2024

VOLUNTEER PARTNERS

Together We Can!

400 volunteers,
1200 specially-abled
champs
One inclusive
Sports Carnival

Delhi University	Dewan V'S Institute of Engineering & Technology (Noida)	Don Bosco	Galgotia University	Ooru Gubind Singh Indraprastha University
Higashi Autism School	Kendriya vidyalaya	Manav Rachna University	Nation education mission public school	IDST Modinagar
TalentGum	AKOEC	NIGOSI HILLS	NIOS	Franklin
SAHEL SCHOOL	IDST	Trinity School	AFT	DELHI TECHNICAL CAMPUS
KYNDRYL	ITS Dental College Greater Noida	AMITY	DJ College of Dental Science	Government Institute of Medical science
VENUE PARTNER	SARVOTTAM INTERNATIONAL SCHOOLS	MEDIA PARTNER	CBBS (CBAS Films)	Institute of dental studies and technologies



नोएडा लोकमंच द्वारा सर्दी से बचाव हेतु कंबल वितरण अभियान की हुई शुरुआत

स्वास्तिक सहारा ब्यूरो

नोएडा। नोएडा लोकमंच द्वारा सर्दी से बचाव हेतु कंबल वितरण कर कंबल वितरण अभियान की शुरुआत हुई। इस अभियान का पहला चरण 'सनराइज लर्निंग फाउंडेशन' से शुरू किया गया, जो विशेष आवश्यकता वाले बच्चों के लिए समर्पित एक विद्यालय है। नोएडा लोक मंच के तरफ से राजेश्वरी त्यागराजन ने कहा की आज का वितरण खास था क्योंकि उन सेवाभावो देखभालकताओं को कंबल दिए, जो पूरी निष्ठा और स्नेह के साथ इन बच्चों की देखभाल करते हैं। नोएडा लोकमंच की टीम का यह प्रवास है कि इस सर्दी के मौसम में हम हर जरूरतमंद तक गरमाहट और अपनापन पहुंचा सकें। इस अभियान में आपका साथ और सहयोग हमें प्रेरित करता है। इस अवसर पर विद्यालय का संस्थापक डॉ सोनाली कुलकर्णी और उनके विद्यालय के टीचर और नोएडा लोक मंच के तरफ से राजेश्वरी त्यागराजन और सुनीता खटना उपस्थित रही।



An opportunity to meet Saifi from Give do, Who had come to visit us and meet our team and our amazing students!!

- Sanspareils
- Greenland (SG)
- GAIL
- Indo Rubber
- Norisys Technology
- Anmol biscuits
- ICA - Indian College of Anaesthesiologist

SUNRISE LEARNING FOUNDATION
10th Annual Special Sports Meet, 2024

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APRIL 2024

- Mrs Nupur Rastogi
- Mrs.Neha Mehra
- Mrs. Namita Gupta
- Mr. Ashish Sapra
- Ms. Aprajita Sapra
- Mrs. Mitushi Rastogi
- Mr. Manu Rastogi
- Mr.Himanshu Kataria
- Mrs. Sapna Anand
- Dr. Pranav Gupta
- Mr. Kailash Anand
- Mrs Maya Anand

JULY 2024

- Mrs.Neha Mehra
- Mrs. Namita Gupta
- Mr. Ashish Sapra
- Ms. Aprajita Sapra
- Mrs. Mitushi Rastogi
- Mr. Manu Rastogi
- Mrs. Sapna Anand
- Dr. Pranav Gupta
- Mr Ashok Taneja

SEPTEMBER 2024

- Mrs.Neha Mehra
- Mrs. Namita Gupta
- Mr. Ashish Sapra
- Ms. Aprajita Sapra
- Mrs. Mitushi Rastogi
- Mr. Manu Rastogi
- Mrs. Sapna Anand
- Dr. Pranav Gupta
- SURI NURSING HOME , Meerut

SUPPORT

PARTNERS 2024-25

MAY & JUNE 2024

- Mrs Neha Mehra
- Mrs Namita Gupta
- Mr Ashish Sapra
- Ms Aprajita Sapra
- Mrs Mitushi Rastogi
- Mr Manu Rastogi
- Mr Himanshu Kataria
- Mr Sharad Kumar
- Mrs Neha Garg Kumar
- Ms Kamla Gupta
- Mr S R Agarwal
- Mrs Gurvinder Monga
- Dr Pushpa Dhar
- Mr Monish Sodhi
- Mrs Reena Sodhi
- Mr Veer Dhawan
- Mr Sagar Dhawan
- Ms Ruchita Tyagi
- Veer Dhawan

AUGUST 2025

- Mrs. Neha Mehra
- Mrs. Namita Gupta
- Mr. Ashish Sapra
- Ms. Aprajita Sapra
- Mrs. Mitushi Rastogi
- Mr. Manu Rastogi
- Mrs. Sapna Anand
- Dr. Pranav Gupta

OCTOBER 2024

- Mrs. Namita Gupta
- Mr. Ashish Sapra
- Ms. Aprajita Sapra
- Mrs. Mitushi Rastogi
- Mr. Manu Rastogi
- Mr. Kailash Anand
- Mrs Maya Anand
- Dr. Pranav Gupta
- Mr. Prashant and
- Mrs. Namrata Rawat

DECEMBER & JANUARY 2025

- Dr V P Kataria
- Mr. S. R. Agarwal
- Mr. Gurvinder Monga
- Dr. Rahul Goel
- Mr. Shankar Singh
- Mrs Mahesh Dass
- Ms. Aparna
- Dr. Aditya Mani Gupta
- Mr. Sameer Wali
- Mr. Aryan Pasricha
- Mr. Sandeep Taneja

FEBRUARY 2025

- Mrs. Neha Mehra
- Mrs. Namita Gupta
- Mr. Ashish Sapra
- Ms. Aprajita Sapra
- Mrs. Mitushi Rastogi
- Mr. Manu Rastogi
- Mr. Himanshu Kataria
- Mrs. Sapna Anand
- Mr. Pranav Gupta
- Mr. Kailash Anand
- Mrs. Maya Anand

SUPPORT

PARTNERS 2024-25

NOVEMBER 2024

- Mrs. Namita Gupta
- Mr. Ashish Sapra
- Ms. Aprajita Sapra
- Mrs. Mitushi Rastogi
- Mr. Manu Rastogi
- Mr. Kailash Anand
- Mrs Maya Anand
- Dr. Pranav Gupta
- Mr. Ajay and Mrs. Alka Gupta,INDUS CARES FOUNDATION, Houston, Texas

MARCH 2025

- MRS. NAMITA GUPTA
- MR. ASHISH SAPRA
- MS. APRAJITA SAPRA
- MRS. MITUSHI RASTOGI
- MR. MANU RASTOGI
- MR. KAILASH ANAND
- MRS. MAYA ANAND
- DR. PRANAV GUPTA
- MR. GURVINDAR MONGA, IGL (INDRAPRASTHA GAS LIMITED)
- MS SAKSHI FROM VEHANT TECHNOLOGY
- MR ANOOP GUPTA FROM GAIL (GAS AUTHORITY OF INDIA LT

GIVE.do fundraiser Campaign- India Philanthropy Day - July 19th, 24

The Sunrise Learning Foundation created a fundraiser on Give.do - its first ever fundraiser powered by the whole team.

The faculty and parents fueled the fundraiser and secured the most precious source of support for its livelihood program - that has given us the courage to dream big!

The campaign saw the team driving contributions during these 24 hours - the highlight was not just the contribution but the unparalleled spirit of oneness and a common goal that drove the team.



GIVE INDIA FUNDRAISER CAMPAIGN

DONORS LIST

PGM INTERNATIONAL SCHOOL	Bindu Verma	Mahindra Baansal	Gaurav Agarwal
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Anjali	Sunil Banathia	Surbhi Gogia	Premji Dayani
Ravindra kumar goyal	Anupama Singh	Ritumbhara	Deepak Kohli
Manish Kumar Speech therapist	Sunaina	Aayush Jain	Nandan Negi
Saurabh Sharma	Ritu	Utkarsh	Radhika Gupta
Chirag Chawla	Pushpa Dhar	Rahul kumar	Juhi Khandelwal
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Shashwat Shukla	Rajneesh Tewari	sarthak grover Huf	Sakshi
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Anurag mahajan	Reena Mahajan	Rahul Singh Deo	Pamela Singh
P Chaurasia	A G	Wasi ullah khan	Rupa Das
Anita Mahajan	Harsh Kothari	Aakaash	Payal Aggarwal
Amandeep Singh	Molly Gupta	Shreya Trivedi	Maneasha Goyal
Shweta Saxena	Archana Sharma	Gurvinder	Shalini Talwar
Venu Agrawal	Dr Veerottam Tomer	Alpana Gupta	Supriya luthra
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Ritu Sehgal	Mandakini Das	Ravi Bhagat	Gunjan
Sharad Datta	Arvind Kumar Jain	Rajpal singh saini	Sudha Sadangi
Sanjeev Taneja	Sulekha Dass	Chandra Prakash	Priya Singh
Sachin	Rajni Gaur	ARCHANA BHOLA	Mandira Haldar
Vikrant Kumar	Rajat maheshwari	Anuradha kukreti	ANJU KHOSLA
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Saurabh Sharma	Sanchit Sharma	Manoj	Vikram Singh Chauhan

The Scholarship Program at Sunrise Learning Foundation

Scholarship to students of 2024-25

Our Scholarship Program is not just financial support—it is **a badge of honor.**

It recognizes students who have sparkled with their grit and desire to learn, and parents who have stood as unwavering pillars of support, ensuring their wards receive the opportunities they deserve.

These scholarships are not donations; they are extended as a helping hand with pride, honor, and respect to families most deserving. The funds come from the hearts and homes of our dear friends and well-wishers, carrying with them an abundance of blessings and good wishes. That is why, for our students, it is not only about receiving an education—it is about experiencing true transformation in their lives.

33% OF OUR LEARNERS WHO ARE FOUND TO BE ELIGIBLE ARE ON SCHOLARSHIPS.

THANK YOU TO OUR SCHOLARSHIP SPONSERS:

Mr. Kailash Anand, Mrs. Maya Anand, Mrs. Sapna Anand, Mrs. Neha Mehra, Ms. Aprajita Sapra and Mr. Ashish Sapra, Mrs. Namita Gupta, Mr. Himanshu Kataria, Ms. Mitushi & Mr. Manu Rastogi, Mrs. Gurvindar Monga, Dr. V. P. Katatria, Mr. S. R. Agarwal, Mrs. Rupali Kataria, Mr. Sagar Dhawan & Mrs. Neha Gupta

PARENT FEEDBACK ON 10TH ANNUAL SPORTSMEEET

Thanks alot
Sunrising for
organising this
competition. A special
thanks to Vandana
mam for helping
me in ^{child} guiding me about
competition.

Great
event
Motivational
for kids.
B=

Thanks alot
Sunrising for
organising this
competition. A special
thanks to Vandana
mam for helping
me in ^{child} guiding me about
competition.

It was a
wonderful experience
over here. I am here
for the first time but
I wish to come here
every year. ♡
Shweta

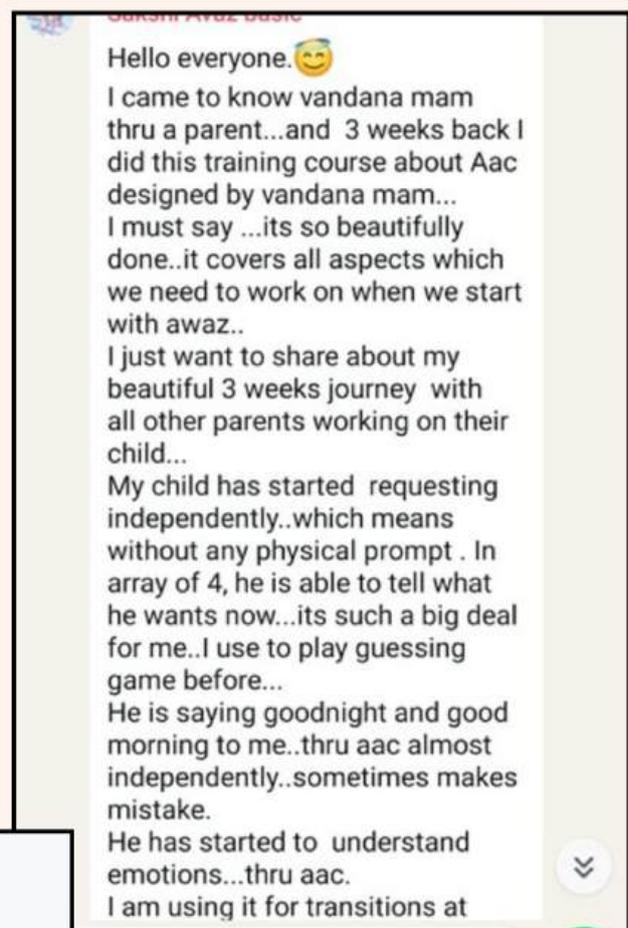
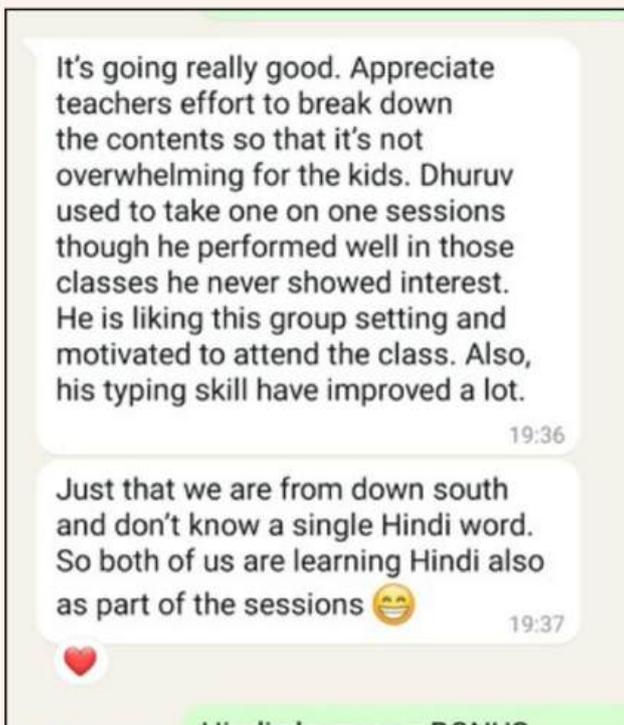
This
event gave a reality
check to us as a
volunteer too, life &
moments we are
ungrateful of.

well organised
Sports events
motivated for
kids & a experiential
moments for all
★ is

Thank you
for
providing
our children
these activities
exposure

PARENT TESTIMONIALS & FEEDBACK FOR ONLINE TRAINING/WORKSHOPS

Dear teachers,
I must admit that you are conducting the whole workshop so systematically! I have attended a lot since the covid but so far this is the best systematic upgraded workshop we have ever done. Hope my daughter and me both could achieve a whole lot of knowledge! Many thanks
Regards
Manika (mother of Adrita)





DIRECT DIL SE!

Mom, I Am Special Because of You

Mom, you see me beyond my flaws,
You hold my hand without a pause.
When the world stares, when they doubt,
You whisper, "You're special, stand proud!"
I may not run as fast as they do,
But in your arms, I fly so true.
I may not speak in words so clear,
Yet you always listen, you always hear.
When I struggle, when I cry,
You wipe my tears, you reach the sky.
Your love is magic, pure and deep,
A treasure forever, mine to keep.
They may call me different, strange, or weak,
But in your love, I'm strong and unique.
Mom, you are my guiding star,
No matter how near, no matter how far.
So hold me close and don't let go,
With you beside me, I will glow.
No need for words, no need for more,
Your love, Mom, is my heart's core.



Monika Misra
Special Educator

Happiness is Contagious

Happiness is contagious. When you walk into a room with a smile, those around you can't help but feel lighter too. Positivity spreads—what you give out, you attract back. So, give happiness, and you'll receive it in return.

Good things and good people are drawn to a happy heart. When you choose to feel good, to stay positive, the world starts responding in kind.

True happiness begins when we accept life as it is—full of mystery, surprises, and things beyond our control. But acceptance alone isn't enough. Happiness is a conscious choice. It takes effort, presence, and self-awareness.

Happiness depends on ourselves. Let go of what's gone, appreciate what you have, and embrace what is. Gratitude is the key.
So be happy. Be bright. Be you.

-Shubha Prasad (Creative Production In-charge)





DIRECT DIL SE!

Walking Two Paths: My Journey as a Parent-Professional in the Special Needs World

Being a parent of a child with special needs is a journey in itself—filled with love, learning, and challenges. But being a professional in the same field adds another layer, one that is both rewarding and exhausting. It's like walking two paths at the same time, constantly shifting between the roles of a caregiver and a guide, a mother and a mentor. Some days, I feel deeply fulfilled, knowing that my work is making a difference—not just for my own child but for so many others. And yet, on other days, I feel like I am carrying a weight too heavy to bear. The expectations, the judgments, the emotional rollercoaster—it's all part of this unique, complex journey.

The Constant Balancing Act

One of the biggest struggles is balance—between my work and my child, between being a professional and being just a mother. I spend hours guiding other parents, helping them find strategies that work for their children, only to come home and struggle with my own child's challenges.

People often assume that because I work in this field, my child must be “perfectly managed.” That I must have all the answers. But the truth is, no amount of professional knowledge can fully prepare you for the raw, emotional reality of raising a child with special needs. I may be able to help other parents stay calm and composed, but at home, I have my own moments of frustration, doubt, and exhaustion.

The Judgments and Unspoken Expectations

One of the hardest parts of being a parent-professional is the constant judgment—from society, from other parents, and sometimes even from within the special needs community.

"Your child must be doing so well since you're in this field!" – As if my expertise alone can erase the unique challenges my child faces.

"If you can help others, why can't you fix things at home?" – As if parenting a child with special needs is something that can simply be "fixed."

"You should have all the answers." – But the truth is, I don't. No one does. Each child is different, and what works for one may not work for another.

The expectations are exhausting. Sometimes, I feel like I am under a microscope, where every meltdown, every struggle, is scrutinized. But I have learned to tune out the noise and focus on what truly matters—my child's happiness, growth, and well-being.



DIRECT DIL SE!

The Emotional Toll of Seeing Both Sides

There are moments when my two worlds collide in a way that is deeply emotional. When I see a child, I work with make incredible progress, I celebrate with the parents. But at the same time, a small part of me wonders—when will my child reach that milestone? It's a constant push and pull—between gratitude for the progress I witness in others and patience for the progress I wait for in my own home. But over time, I have learned to embrace my child's unique pace, to celebrate small victories, and to trust that his journey is his own.

Why I Keep Going

Despite the struggles, I know why I do this. Every time my son learns something new—no matter how small—it fills me with hope. Every time a parent tells me that my support made their journey easier, it reminds me that my work matters.

This path isn't easy, but it is meaningful. I have learned resilience, patience, and the power of unconditional love. And most importantly, I have learned that I don't have to be perfect—just present, both as a mother and as a professional.

To every parent walking this dual journey, I see you. I know the exhaustion, the guilt, and the doubts. But I also know the joy, the strength, and the quiet victories that make it all worthwhile. We may be judged, we may not have all the answers, but we are making a difference—one step, one child, one moment at a time.

"The Journey of Two Identities

I am a mother, I am a guide,
Walking both worlds, side by side.
Sometimes I teach, sometimes I learn,
Sometimes I stumble, yet I return.
Eyes of judgment, questions untold,
"You know it all, yet why this hold?"
But every journey has its own pace,
Every child blooms in their own space.
Hope and struggle, hand in hand,
Yet the flame of faith still stands.
Small steps feel like miles ahead,
Slow but steady, we tread, we tread.
I will keep going, I will not break,
No storm of doubt can make me shake.
For this journey is mine, unique and true,
And my strength will see me through."





DIRECT DIL SE!

My 6-year journey with Sunrise Learning has been nothing short of transformative. These years feel like a flashlight—brightly lighting my path, yet passing by so quickly.

From the very beginning, my work here has felt effortless—not because it was free from challenges, but because the environment was so motivating and fulfilling. The healthy, supportive relationships with teachers, students, and parents created a strong sense of belonging and trust.

What truly stood out was the culture of innovation and transparency. I was always encouraged to create, experiment with new ideas, and contribute openly, knowing that honesty and clarity were valued at every level.

Over the years, I have grown as a planner, an executor, and a problem-solver. Seeing this growth in myself makes me feel truly empowered. For this, I am deeply thankful to Sonali ma'am!

The memories I carry from Sunrise Learning are deeply rewarding and will always remain a source of satisfaction and pride. This place has not just been a workplace—it has been my second home.

Thanks to entire Sunrise Learning Family!

-Madhu Singh (Academic In-charge)



My Six Glorious Years of Growth

The past six years have been a journey of becoming the person I am today. I have learned that patience is not simply waiting, but understanding, listening, and respecting the differences that make each person unique. Over time, I began to see the value in bridging the gap between generations - finding wisdom in the experiences of elders while embracing the energy and ideas of the young.

Motherhood changed me deeply. It taught me to care in ways I never imagined, to place someone else's needs before my own, and to find joy in small, ordinary moments. These lessons have spilled into every part of my life, shaping how I work, how I speak, and how I connect with others.

Looking back, I feel grateful. My six glorious years are not just a measure of time - they are a story of growth, love, and becoming.

Rohini Sinha
Admin incharge





DIRECT DIL SE!

Sunrise Learning - My Place of Peace



As human beings, we all search for a place where we feel at peace, free from judgment, and surrounded by genuine care. For me, Sunrise Learning is that place.

When I first joined, I didn't know how I would fit in or shape myself in this new environment. But I believe that if destiny brings you to a certain door, it means you are at the right place at the right time. Over the years, the children, staff, and faculty of Sunrise Learning have become my family.

This year marks my 10th year here, and this journey has been truly beautiful. My curiosity and willingness to learn allowed me to contribute in many areas—office work, vocational training, cooking, art, and dance. I have given my time, love, and skills to the children and the institute.

But more than what I gave, I treasure what I received. My students' journeys have helped me shape my own children's future. Every lesson we learn, we want to pass on to them as something good. Many people travel to different places or attend special sessions to find peace, to surrender their thoughts, or to feel close to heaven—but I feel I have already found that right here.

Some of my happiest memories are from our night camps, when we would cook and eat together, enjoying the most pleasant feeling of togetherness. When our children win medals in sports, it feels as if I am the one winning. And when I see their smiles—true, fearless smiles—I am reminded of the purest joy and the real meaning of laughter.

I am part of Sunrise Learning not because they needed me, but because I needed them—for my own peace, love, and fulfilment. These ten years have been a blessing, shaping me as much as I have tried to shape others.

Thanks
Sonia Kumar Kataria
(Fee Manager)

COURSES ON SUNRISE LEARNING GRAPHY PLATFORM

1. Festival Special Online Computer Class: [Festival Special Computer Classes](#)
2. SL Homeschooling Program: [SL Homeschooling Program-Q1](#)
3. SL FREE Workshop- FA in Action: [Functional Academics in Action](#)
4. FA 2025-26 Quarter 1: [Functional Academics 2025-26-Quarter 1](#)
5. SL Homeschooling Program (BETA): [Homeschooling Program 2025-26](#)
6. Beta-Functional Academics-Quarter 1: [Beta 2025-26- Quarter1](#)
7. 3 Days Mini Training Program for Parents- [Step by Step Computer Skills](#)
8. Early Intervention Series: [EARLY INTERVENTION SERIES](#)
9. Teacher Training Course: [Teacher Training Course](#)
10. SL Toilet Training (TT1): [SL TOILET TRAINING \(TT1\)](#)
11. Nutrition for ASA (NFA): [NUTRITION FOR ASD \(NFA\)](#)
12. Sensory Integration Course: [Sensory Integration Course](#)
13. Homeschooling and Open Schooling: [Home Schooling & Open Schooling](#)
14. AAC Mastery 2025 (Hands-on Avaz Training) : [5-Week Program](#)
15. Skill Training & Behaviour Management (ST-BM) : [ST-BM](#)
16. Communication Speech & Language (CSL): [SERIES CSL](#)
17. Making an IEP for your own child: [MAKING AN IEP](#)
18. Foundation Skills for children with Autism Spectrum Disorder (ASD): [Link](#)
19. Making Adolescence easy for girls (Free): [Making Adolescence Easy](#)
20. Making Adolescence easy for boys (Free): [Making Adolescence Easy](#)
21. Managing Challenging Behaviours: [Steps](#)
22. Emotional Regulation (Teaching zones of Regulation) : [Emotional Regulation](#)

We are proud for our selection for THE FAST PITCH PROGRAM at SVP- India's leading Philanthropic Foundation - where we speak for visibility for our cause, for the abilities of our young adults and where we hope to secure the chance of a Just, Fair, Inclusive TOMORROW !

SUNRISE LEARNING FOUNDATION – FROM DIAGNOSIS TO LIVELIHOOD

OUR FUNDRAISER FOR A LIVELIHOOD CENTRE FOR SUNRISE LEARNING
APRIL 24TH
5:30 PM ONWARDS

[Give Now](#)



**SVP INDIA
FAST PITCH**

SUNRISE LEARNING FOUNDATION

Empowering special lives towards inclusion, independence and dignity



Charu Singh

Goals for next 3 yrs: Livelihood Readiness

5 Key Skill Domains



Café Skills



Handmade Products



Computer Skills

The five skill domains of the Livelihood Readiness Programme are designed with a twofold purpose: to first build self-reliance, and then to equip our learners with both domain-specific skills and soft skills. These not only strengthen their ability to manage self-regulation and social-emotional challenges but also prepare them to thrive in workplaces—spaces that do welcome them, must also evolve to truly support both their abilities and their challenges.

What gives us courage to dream bigger is the resounding success of the Livelihood, Vocational, and Employment Readiness Programmes at Sunrise Learning Special School over the last four years. Equally inspiring is the undefeated spirit of our parents and faculty, who continue to open new doors each day, ensuring that our children find the rightful place they deserve—both in professional and personal spaces.

Here's to a DIFFERENT TOMORROW and a new SUNRISE!!

Hand-made products
Created by Specially-abled learners of
SUNRISE LEARNING SPECIAL SCHOOL (NOIDA),
A Unit of Sunrise Learning Foundation

Join us in celebrating the talent of specially abled children, Who craft beautiful items that are both unique and meaningful.

**A PURCHASE THAT
MAKES A DIFFERENCE**

Your purchase of our jute bags, organizers, beaded jewelry handmade artifacts and candles directly support the student's creativity and provide them with, an opportunity for growth and development in their lives

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JUTE ROPE PRODUCTS for decor & utility !

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of various
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DECORATIVE PIECES,
OR CHARMING
ECO-FRIENDLY
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SIZE - 4CM(H)



Assorted colors,
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**Gift Hand-made candles & jewellery
to your loved ones !**

Available at SUNRISE LEARNING SHOPPE !!

WA at WA at 9310031637



Glass candles



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Glass candles



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**OUR AUDACIOUS DREAM FOR TOMORROW -
What our Livelihood Program means for us
and how this could be the answer for the
thousands of families we support**

**LIVELIHOOD
READINESS
CENTER**

As we close this chapter of the Annual Magazine and step into the next decade, I carry within me both deep gratitude and an audacious dream. The success of the past ten years has given us the courage to envision a future where every student of SUNRISE LEARNING becomes self-reliant—taking the first step towards living a life of dignity, where they see themselves as complete individuals, respected first within their families, and then by society.

Our vision for the Livelihood Centre embodies this dream. It stands as a beacon of hope, preparing our students with both hard and soft skills that open pathways to self-employment, meaningful job roles, and inclusive workplaces. This is not just about employment—it is about identity, belonging, and pride.

The urgency of this mission comes from what we see around us: families whose children stand at the threshold of youth, waiting for opportunities to prove their unique abilities; children whose talents are too often hidden beneath the heavy label of disability; and the countless neurodivergent adults who, pushed out of mainstream schools, are left unsupported and unseen.



We believe it is our duty to rise to this challenge—to build sustainable programs that not only nurture wholesome, experiential living but also ensure a fair and productive life for every learner. Our next decade is dedicated to this bold vision: creating an ecosystem where ability shines brighter than disability, where our children and young adults are empowered to contribute meaningfully to the economy and to the larger story of our nation.

This is the journey ahead—and together, with your faith and support, we will make it a reality.

Regards
Ms Charu Singh
Director (SLF)



THE SPECIAL CAFE

Accepts pre-orders for party orders for -
cookies, sandwiches, burgers, and so many customized
needs for your get-togethers !!

Ms Shikha Mishra, Professional Baker
conducts Bakery Workshops for trainees
to make & bake cookies !!

TACS

THE ART OF
CAFE SKILLS

A SERIES OF MONTHLY WORKSHOPS
ON SATURDAYS WAS STARTED IN 2024
FOR VOCATIONAL TRAINEES

TACS COMPLETED 1 FULL YEAR !!



First

DELIVERY OF
HAND-MADE
COOKIES !!!



A variety of Atta Cookies is baked with
love at Sunrise Learning
by the vocational trainees !!

To place an order -
WA at 9310031637





New Beginnings !!!

SCHOOL OF SPECIAL EDUCATION & REHABILITATION CENTER: DISHA

MEERUTAND MANN: NGO FOR PERSONS WITH INTELLECTUAL DISABILITY



Visit by Beverley from Mann





**In this journey of empowerment, as a next step,
We are striving to acquire a PERMANENT space for
setting up a livelihood center for young adults.
For this, we seek your support & partnership.**

Sunrise Learning programs and projects depend on grants and aid for organizations and donations from our friends and supporters. So many of you are so eager to make a meaningful change in our society and this is so so simple.

Donate & SPONSOR A CHILD'S EDUCATION

DONATION DETAILS FOR INDIA:

Write to
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SUNRISE LEARNING FOUNDATION,
Acc No:- 50200019669011
IFS code: HDFC0001603
*All donations are exempt under
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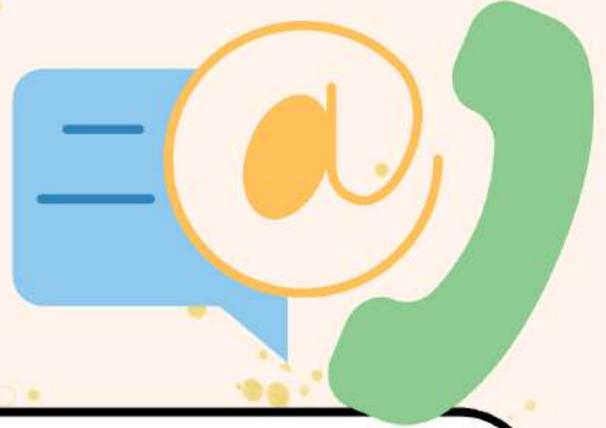


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REACH OUT!



SCHOOL WEBSITE

www.sunriselearning.in

EMAIL for outdoor / enquiry parents

contactus@sunriselearning.in

EMAIL for enrolled SL parents

sunriselearningnoida@gmail.com

PHONE NUMBER

0120-3153413 (CALL B/W 9 AM TO 5 PM)

WA NUMBERS FOR PARENTS

8585928038, 7042979118, 8076720531,

9354827242



EARLY LEARNING CENTER PROGRAM



SKILL LEARNING PROGRAM



ican2 PREVOCATIONAL PROGRAM



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